



# NEWSLETTER

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## **From Our President** **Brenda Lovegrove-Lepisto, Psy.D**

A recap of past year of growth and activity at MPC. Among its accomplishments this year MPC has launched a training program in Child

Psychoanalysis. As many of you know, this is where my heart lies and I am so pleased that MPC will now officially begin a formal training program in child psychoanalysis. At the June 2008 banquet, MPC certified five child analysts: Ira Schaer, Ph.D., Kerry Kelly Novick, Jack Novick, Ph.D., David Klein Ph.D., and me. This fall MPC will offer courses in the Assessment and Psychopathology of Infants, Assessment and Psychopathology of Middle Childhood, Assessment and Psychopathology of Adolescents, and Working with Parents. I am so happy to have this program launched and hope anyone who is interested will take classes in the child psychoanalysis program. If you are interested in applying for the Child Psychoanalysis Training Program, contact Ira Schaer, Ph.D., Child Psychoanalysis Committee Chairperson.

MPC's further accomplishments include a steady, solid membership. After reviewing the past President's Books, I learned that MPC has not diminished in size since its inception. This is remarkable given the state of psychoanalysis in current times. MPC is doing something right! At the risk of leaving out someone, I want to mention a few members' contributions. All new members are welcomed by Elizabeth Waiess, Membership Chairperson and Member-at-Large. We are growing in course offerings, and training opportunities thanks to the incredible work of Robert Hooberman. Members have no idea of how many hours Robert clocks in ensuring that our training programs are comprehensive and include contemporary as well as traditional theoretical orientations. Beyond Board meetings, teaching, chairing the Training and

Education Committee meetings, Robert spends countless hours answering questions, organizing courses, and communicating with the Training Committee and Candidates. Another member who donates a great deal of time is Karen Baker, Vice President of Programs. As VP for Programs, Karen organizes, plans and communicates with numerous members and guest speakers. Thanks to Karen we had a wonderful 2007 – 2008 program year. We look forward to an equally stimulating 2008 – 2009 program year. Our Professional and Community Development Committee successfully completed another year of courses offered in various venues—thanks to Peter Wood and Hugh McPherson. Hugh also arranged for social workers to earn continuing education credits for attending programs and courses. MPC has a fine Bulletin edited by David Klein. David is another member who puts in countless hours soliciting and editing articles for the Bulletin. The Newsletter continues to be compiled by Sheila Wasung. Being one of the co-founders of the Newsletter, I know how much work Sheila puts into this Newsletter. Above and beyond soliciting articles, she formats them and then sends the document to the printer. Thanks for your work, Sheila. Reena Liberman hosts Cinema Talk and has undertaken the revision of the website—the first drafts look beautiful, and functional. More less-visible contributions to MPC include, Lynne Tenbusch, Ombudsperson, who donates her time to serve as a liaison and advocate for candidates. Mary Ann Stirling-Doherty has kept an eye on the MPC budget and instituted a better financial tracking of revenue and expenses. Diane Gartland, MPC Recording Secretary, is another member working diligently behind-the-scenes. In her position she carries the responsibility for writing and posting the minutes to the website for all of you to read. MPC candidates work in various capacities to enhance MPC functioning. Working with MPC candidates is a

**MPC Newsletter Committee**

Sheila Wasung, L.M.S.W., B.C.D.  
 Diane Drayson, A.M., B.C.D.  
 Franklin Sollars, Ph.D.

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 Brenda Lovegrove Lepisto, Psy.D.  
 Robert Hooberman, Ph.D.  
 Lynne Tenbusch, Ph.D.  
 Elizabeth Wailess, Ph.D.  
 Peter Wood, M.S.W.

**The MPC Newsletter**

All material for **The MPC Newsletter** should be submitted as follows: (a) if shorter than one page, submit in typed, double spaced form (b) if longer than one page, submit a 3.5" IBM diskette and a printed copy.

The Editors reserve the right to edit material submitted for purposes of clarity and length.

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**Letters to the Editor** : up to 300 words long and may be edited for brevity. Articles in Microsoft Word preferred or a CD-IBM compatible disc is acceptable.

**Submit materials, articles, or advertisements to:**

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 Deadline for next edition: January 15, 2009

I welcome your comments and feed back about our newsletter and hope you feel free to do so. Email me or phone me with your suggestions.

**About MPC**

MPC is an interdisciplinary society for training and accreditation in psychoanalysis. There are two options for formal training for qualified individuals: a program in psychoanalysis and a program in psychoanalytic psychotherapy. The programs are based on the tripartite model of psychoanalytic education and feature (1) personal analysis or therapy, (2) supervision on treatment cases, and (3) coursework in theory and technique. Courses, monthly paper presentations, and special programs are offered in Ann Arbor, East Lansing, Detroit area and elsewhere.

**The Objectives of MPC are:**

- The study of psychoanalysis;
- The enhancement of public and scientific interest in psychoanalysis;
- The support of education and research programs in psychoanalysis;
- The establishment of standards and the certification of individuals qualified in psychoanalysis and psychoanalytic psychotherapy;
- The establishment of educational programs to train qualified individuals in psychoanalysis and psychoanalytic psychotherapy, and to award them a certificate upon graduation;
- The establishment of collaborative relations with other organizations with similar interests;
- The maintenance of a non-discriminatory policy regarding gender, race, age, religion, sexual orientation and ethnicity in membership and training.
- And additional objectives that the Council may pursue.

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## **MPC Program Notes** **Karen Baker, L.M.S.W.**

I will be carried into my second year as Vice President for Programs with a feeling of success along with enthusiasm and anticipation for the 2008 – 2009 program year. Last year's programs featuring Robert Hooberman, Ph.D., Jessica Benjamin Ph.D., Karin Ahbel- Rappe, Ph.D., Karen Baker, MSW, Jerrold Brandell Ph.D., Julia Davies Ph.D., Michael Shulman Ph.D., Merton Shill, Ph.D., Teresa Bernardez, M.D. and Peter Wood, MSW were well attended. The programs were in keeping with the committee's goals of supporting our members in presenting as well as facilitating psychoanalytic dialogue that integrated clinical material with theoretical diversity. For the first time in MPC history, the February program was cancelled due to an ice storm. This was a disappointing moment but the program has been rescheduled and the presenters, Batya Monder MSW and Ellen Toronto Ph.D. will deliver their papers on May 17, 2009 in Ann Arbor.

As of this writing (June), several papers have been submitted to be considered for the upcoming program year. They are on my summer reading list! While some program decisions remain to be made, others have already been planned. I am delighted to announce that our fall conference is scheduled for October 17<sup>th</sup> and 18<sup>th</sup>. The distinguished scholar and clinician, Joseph Lichtenberg will share his expertise and thinking with analysts, candidates and members of MPC as well as other professionals from the mental health community. Dr. Lichtenberg has written extensively about the clinical exchange in which he skillfully integrates his perspective of motivational systems, classical theory and technique, recent developmental research and new contributions made by self psychology. Be sure to mark your calendar and plan to attend!

Elizabeth Ann Danto, author of *Freud's Free Clinic: Psychoanalysis & Social Justice 1918-1938*, is the speaker for the February 15, 2009 meeting. Thanks to the work of Hugh McPherson and the high quality of presentations all of the programs were approved for continuing education credits for

clinical social workers who are now required to obtain 45 CEUs in three years in order to be eligible to renew their licenses. I am anticipating that the 2008-2009 programs will be approved for continuing education credit to clinical social workers.

In conclusion, I would like to express my gratitude to my committee, Marybeth Atwell, Arthur Brickman, Ellen Toronto, Sheila Wasung and Jean Wixom for

## **Training and Certification Committee** **Robert Hooberman, Ph.D.**

The Training and Certification Committee is pleased that our new Child Psychoanalysis Program is up and running, ably chaired by Ira Schaer, Ph.D. We have initially certified five of our MPC adult psychoanalysts as Child Psychoanalysts. These are: David Klein, Ph.D., Brenda Lovegrove Lepisto, Psy.D., Jack Novick, Ph.D., Kerry Kelly Novick, AB, and Ira Schaer, Ph.D. Classes in this program begin in E. Lansing this fall. These classes and our Adult Psychoanalysis Program classes can be viewed on our website or in our brochure. Enrollment is open to any MPC member, or to anyone who wishes to become a member. As always, we welcome any inquiry into training, whether in the Adult Program, the Child Program, or for the more enthused and energetic, training in both programs. The curriculums overlap considerably and one can become certified in both programs without undue (easy for me to say) hardship.

The Training and Certification Committee is also in the process of fine tuning a Procedure Handbook which specifies our policies and procedures in our Psychoanalytic Training Programs. This will be available in the Fall, as will our next Training Manual which describes our various program offerings.

We are pleased to have certified a new adult psychoanalyst-Peter Wood, LMSW. As one graduates, another enters—David Freiband, Ph.D. has been accepted as a candidate in the Adult Psychoanalysis Program. These two exemplify our ethos; individuals with quail-

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(President, continued)

pleasure. Many MPC members work together to make our organization thrive and we appreciate each and every one of you.

I would like to add my special appreciation to the MPC 2007-2008 Board of Directors. These individuals: Jerry Brandell, David Klein, Robert Hooberman, Ruth Rosenthal, Karen Baker, Mary Ann Stirling-Doherty, Diane Gartland, Art Brickman, Reena Liberman, Hugh McPherson, Scott Trylch, Beth Waies, & Jean Wixom, are a group of dedicated, supportive, and generous individuals. They put in hours every month to ensure MPC is functioning well. As my first year as President winds down, I am very grateful to have had such solid support and good advice. During the transition to offering two training programs—one in adult psychoanalysis and one in child psychoanalysis, Murray Meisels, MPC Parliamentarian, was particularly helpful with his experience leading organizations, including MPC. For those of you who do not know, Murray was MPC's first President in 1989. Murray is also on the By-Law committee chaired by Art Brickman. On the next election ballot, you will have the opportunity to vote on By-Law changes and amendments. Our By-Laws are to be reviewed every three years per the By-Laws. Before the By-Law changes are placed on the ballot, the Board will consider the proposed changes and amendments. The membership will be notified of this Board meeting, most likely in September. As always, MPC Board meetings are open to the public unless in executive session (which is rare).

On June 30, 2008 Reena Liberman and Hugh McPherson finish their tenures at Members-at-Large. We will miss you. Thank you for giving your time and skills to MPC. On July 1, 2008 we welcome Bruce Klein as Member-at-Large. Welcome Bruce. The Board appointed Mary Anderson to fill the Member-at-Large vacancy. Congratulations and welcome Mary. There will be an election to fill the President-Elect position vacated by Jerry Brandell. Thank you for your contribution to the Board last year, Jerry, we will miss you.

Before ending, I want you to know that we have some good, fun play in store for next year. Our 20<sup>th</sup> Anniversary party committee consists of Teresa Bernardez, Ellen Toronto, and Brenda Meisels. Get ready for a good time. I was so pleased to have these three MPC members volunteer for party planning because I have the feeling they know how to throw a party. If any of you would like to volunteer your time and talents, please contact them.

As always, contact me at 517.333.0332 or

**A WELCOME FROM THE WIDE**  
**WORLD OF CHILD**  
**PSYCHOANALYSIS**  
**Kerry Kelly Novick**

Congratulations to the MPC on the inauguration of a child analytic training program and to Brenda Lepisto, Ira Schaer and all those who worked so hard to make it happen! I am writing in welcome from my position as current president of the international Association for Child Psychoanalysis (ACP). The ACP, founded in the 1960's by Anna Freud and Marianna Kris as a professional home for those child analysts excluded from the American Psychoanalytic Association and the IPA by virtue of their being non-medical or child-only analysts, has demonstrated its importance for our field and our professional identity ever since. The ACP has always welcomed all child analysts as members, whatever their prior backgrounds, and has recently expanded our membership criteria to include other contributors who have made significant research or institutional efforts that support child analysis. Thus the ACP enjoys the participation of medical and non-medical colleagues, those trained in established institutes and programs or individually by their own efforts, scientists who expand our understanding of infancy, childhood and adolescence, and people who take

psychoanalytic ideas out into the community and cre-

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## **Report of the Group Presentation. May 18, 2008** **Teresa Bernardez, M.D. & Peter Wood, L.M.S.W.**

Thanks to those of you who wrote and called to tell us that you regretted to be unable to come to our session. We appreciate your support.

We thank all the members in attendance, new and old and the students and guests who participated in our Group Experience. It was fruitful and very satisfying to us and we appreciated your trust and openness and the high anxiety tolerance!

### **THE GROUP**

Approximately 45 participants attended the session. The group was divided in 3 concentric circles. In the inner circle were seated the members who had attended any group sessions. In the second circle were seated the members who had not attended any group sessions. In the outer circle were seated the non-members, guests and late comers.

This division was designed to have a smaller group of members with previous group experience who would more readily engage in the experiential part. The second circle members could also speak but when they did so, they would move into the inner circle. The outer layer of guests and non-members could only participate in the didactic part of the session. We did this to reduce the possibility of chaos that sometimes can result in large groups.

The opportunity to speak, however, was open to all others but the design might make people aware of the choices to speak or be silent, minimizing the visibility of those who wished to observe and not speak. It might also invite observing the effects of inclusion and exclusion of members in a group.

There were approximately 40 members in both circles. Analysts (15) and candidates (5) were in the inner circle with (2) members at large. Total: 22

The second circle contained MPC analysts (3), MPC psychotherapists (2), candidates (1) and then members, including all the new members. Total: 18\*

The outer circle contained students, non members and guests. Total: 5\*

### **THE EXPERIENCE**

The content and speakers of the experiential group are confidential. We can only share with you the topics and group and relational dynamics in general terms.

Symbolic references to "missing members" and victimization were followed by the main topic of inclusion-exclusion, with several members revealing painful instances of being silenced, denied a voice or being coerced.

The group struggled with whether available venues are adequate to members' grievances and desires, Some venues involve the formal structure of MPC with its parliamentary procedures, but some participants expressed a need for a distinctly different forum for discussion of systemic problems. There were those who felt uncom-

(Welcome, continued)

ate organizations and institutions that spread the insights and developmental applications of analysis.

The ACP holds what many of us find the very best conference of the analytic world at our annual meeting the first weekend in May each year. The focus is always on clinical work; the collegiality and shared experience refuel us and generate energy and enthusiasm for our work. Colleagues are welcome to attend.

Closer to home, MPC should be proud to be joining one of the richest child analytic communities in the country. Michigan has a long child analytic tradition: Richard and Editha Sterba settled here as refugees from World War II, training MPC founders and many interested in child work; Selma Fraiberg, a founding member of the ACP, worked here in the 1960's and 70's with her colleagues as researchers, clinicians, and founders of the infant mental health movement, which continues to grow world-wide; Humberto Nagera, as chief of the Child Analytic Study Program at the UM Children's Psychiatric Hospital from the 1970's to the late 1980's, brought child analytic ideas further into the community and the academy, while recruiting child analysts from all over the world to come to Michigan. Sophie and Bob Lovinger were meanwhile training psychologists in child analytic ideas, laying the early foundation for the MPC efforts. In the early 1980's the Michigan Psychoanalytic Institute initiated its child analytic training, which continues to flourish. And now MPC continues the tradition with its practical acknowledgment of the important place of child analysis within the whole field of clinical and theoretical psychoanalysis.

Child analysis has always transcended arbitrary boundaries, challenging narrow or rigid definitions of what is analysis, who may practice it, what techniques are legitimate, and how psychoanalytic ideas can be tested in the world. Here in Michigan we have before us the opportunity to continue that honorable legacy of true psychoanalytic questioning and adherence to ideals of intellectual and emotional honesty that go beyond political or organizational territoriality. We have available training programs that have similarities and differences, to meet the situations of all interested in working with children. We have two psychoanalytic schools, Allen Creek Preschool in Ann Arbor, that serves the needs of ordinarily-developing children and their families, and the newly-announced therapeutic Walnut Lake Preschool, a project of the Michigan Psychoanalytic Foundation in West Bloomfield. Both schools welcome colleagues to staff meetings and to serve as volunteer Family Consultants, a fabulous learning experience.

I hope that more MPC members will join the ACP as candidate or regular members. I look forward with great anticipation to our forming a rich, exciting, generative child analytic community together in Michigan, with cross-fertilization of ideas, learning, case-finding, community service and professional growth. And we will have fun doing it!

For information about the ACP, please go to the website at [childanalysis.org](http://childanalysis.org) or contact Kerry; for information about Allen Creek Preschool, please go to the website at [allencreek.org](http://allencreek.org) or call 734-994-3382; for information about Walnut Lake Preschool, please contact Nancy Blieden at [nbliedenphd@comcast.net](mailto:nbliedenphd@comcast.net); for information about MPC's child analytic training, please contact the Chair, Ira Schaer at [ischaer@att.net](mailto:ischaer@att.net); for information about MPI's child training, please contact Kerry.

## Member News and Notes

**Karin Ahbel-Rappe, Ph.D.**, has been appointed Editorial Associate on the editorial board of JAPA as of June 16, 2008.

**Jerrold Brandell, Ph.D.**, was named *Distinguished professor*, Wayne State University Board of Governors.

**Marilyn Charles, Ph.D.**, presented *Beyond Despair: Acceptance, Redemption, and Reparation*. Another paper presented at panel: *Meetings at the Edge of Knowing: Two Perspectives on the Desire to "Turn a Blind Eye"*, at the annual meeting of APA Division 39, New York, NY. (April 12, 2008). On May 3, 2008 she participated on the Panel: *Psychoanalytic Psychotherapy Peer Supervision: Quandaries in Clinical Practice, II*. Annual meeting of the American Academy of Psychoanalysis and Dynamic Psychiatry, Washington, DC.

**Jack and Kerry Kelly Novicks' updates:** Jack Novick gave the Maurice Friend Lecture to the New York University Psychoanalytic Institute in October. Together, Jack Novick and Kerry Kelly Novick have published this year an article in the Annual of Psychoanalysis, and three encyclopedia articles on topics of sadomasochism, masturbation and beating fantasies. Their book *Working With Parents Makes Therapy Work* is forthcoming in an Italian edition, and *Good Goodbye* has just been published in Germany under the title *Ein gute Abschied*. Both books have been reviewed in JAPA, the Psychoanalytic Quarterly, and the Canadian Journal of Child and Adolescent Psychiatry. *Fearful Symmetry* has been republished as a paperback, available from Rowman and Littlefield.

**Jean Wixom, Ph.D.**, presented her paper, *From Playing Out to Playing With: Transforming Enactments into Play*, at the annual spring conference of the International Association for Relational Psychoanalysis and Psychotherapy, in Baltimore, MD. The discussant was Mary Bayles, an

analyst from Sydney, Australia, and the moderator was Orna Kislasy, of Jerusalem, Israel

Congratulations to **Margaret Zerba, Ph.D.** Dr. Zerba completed the qualifications to become a child psychoanalyst at the Hanna Perkins Center for Child Development. Dr. Zerba was declared "Qualified" by the Hanna Perkins faculty on February 11, 2008.

## Welcome New Members

Margery Adelson, PhD

Phyllis Aronson, LMSW

Marie Gale, LMSW

Jane Hassinger, LCSW

Tiffany Heutel, LMSW,

Nancy Pinagel, DO

## Membership Update

### **Elizabeth Waiss, Psy.D.**

As of May 2008, MPC had 117 members. Our membership has remained remarkably stable over the past 20 years. Our New Member/New Candidate luncheon in May was attended by 24 members and their guests. Thank you to those who contributed to a pleasant and enjoyable luncheon.

Something new: In the May board meeting, a reduction in the analyst certification fee was approved for analysts who are eligible for the retired membership category. "Retired" means being supported primarily through savings, pensions, etc. While we hope that our retired analyst members will continue to influence future generations of analysts and therapists through involvement in supervision, teaching and analyzing, (as well as board and committee work) it is understood that this work will not be the primary income. This option for a reduced certification fee for retired analysts will appear on the dues statement in the fall. If there are any questions about this, please contact Elizabeth Waiss, Membership Chairperson.

(Group, continued)

comfortable in a large group and found it difficult to trust, while others felt that individual analysis was not the sole answer for the existing problems, indicating the need for relational approaches, self study groups and membership group experiences. Toward the end of the group process, these two currents began a productive exchange of their personal experience in the group.

### **OBSERVATIONS, INTERVENTIONS AND DIDACTIC SESSION**

Commenting on the anxiety in the group and the manners in which the members dealt with it led us to observing the prominent theme of exclusion and the fear of being ostracized. The fear is that disagreement with "rules" or "unstated expectations," including prohibitions of self-disclosure, will lead to isolation or exclusion, particularly if opposition is expressed.

Some late-comers entering the group and restlessness with some members moving and staff of the club entering despite prior agreement, led to an intervention placing firmer boundaries around the group limits. Need for intervention subsided with the discussion of members' different perspectives, clearly in a collaborative climate of interest and respect for each other's opinions.

We noted that mostly the members in the inner circle spoke. Some would have preferred everyone in the same circle, but the brevity of the experience necessitated the "concentric groups" design.

By the end, most group members seemed more comfortable, and some expressed excitement with the process. We saw that as having a lot to do with the freedom to speak candidly. This freedom and openness allowed participants to explore fears that this group itself might become "exclusive" too, if some members chose not to join it, or that those interested in group work might find themselves part of a minority excluded group within the wider MPC.

### **PROPOSAL AND FUTURE PLANS**

At the next Board meeting we intend to present our

experience with the 4 sessions of group process and make recommendations for the future.

During the lunch after the group process many of the new group members told us about their good feelings of joining our organization, and some participants had ideas and suggestions.

At this time, we are requesting those of you with group experience in the psychoanalytic, dynamic and interpersonal perspectives, to join us to form a cadre of trainers for future experiences. Email us with your interest and experience as soon as you can. We will design a training group for the trainers and deliberate on various teaching possibilities.

For members without experience in groups, particularly those who are teaching or supervising in a small group format or who want to do so, those who want to meet with their cohorts while learning group dynamics and those who wish to have a forum for discussion of problems that affect participation in our institution, write us with your preferences and give us your input before we write our proposal.

\*approximate numbers

We thank specially Karen Baker and her committee for the opportunity to present in the program and Beth Waies for her help in the physical setting of the experience. To all of you who agreed to participate, silently or speaking, our most devoted thankfulness.

#### **Candidates in Psychoanalysis**

Margery Adelson, Ph.D.  
 Mary Anderson, Ph.D.  
 Marybeth Atwell, M.S.W.  
 Cynthia Hockett, Ph.D.  
 Sonya Freiband, Ph.D.  
 William Gaines, Ph.D.  
 Ralph Hutchison, Ph.D.  
 Sally Keener, M.A.  
 Susan Pierson, M.S.W.  
 Leslie J. Rapp, A.C.S.W.  
 Michele Rivette, M.S.W.  
 Kay Sorrel, M.S.W.  
 Margaret Zerba, Ph.D.

#### **Candidates in Psychoanalytic Psychotherapy**

Sheila L. Wasung, L.M.S.W.



## **INTERPRETATION AS A REFLECTION OF THE ANALYST'S DESIRE**

**Lynne Tenbusch, Ph.D.**

It has been suggested by Aron (1996) that interpretation is an expression of the analyst's subjectivity. In his discussion of this concept Aron emphasizes the mutuality of the process through which any given interpretation is formulated. He emphasizes that relational analysts conceive of interpretation and other interventions as a mutual, intersubjective, affective and interactive process. In his work, Aron focuses on the mutual influence of analyst and patient and how such influence ultimately finds its expression in an interpretation.

Hoffman (1998) has written about the patient's ability to interpret the analyst's experience, including the analyst's conflict. He avers that interpretations evolve from a confluence of themes in the patient's data and the analyst's personal responsiveness and that the patient's associations may be commentary on the analyst's psyche. Of significance to this writer's piece is Hoffman's emphasis on the idea that interpretations reflect something very personal about the analyst.

I want to expand the concepts of both Aron and Hoffman by suggesting that interpretations, comments, interventions, and invitations to ponder or explore are an expression of the analyst's desire, both conscious and unconscious.

Let me emphasize that though I will use the term 'transference' I caution against the understanding of it as reflecting an epistemology in which the analyst holds a privileged view of the patient's reality. I do not subscribe to such a view. As referenced above, in relational thinking it is not assumed that the analyst discovers the patient's reality and delivers it to the patient in a series of well timed interpretations. Rather, it is accepted that interpretations are generously seasoned and, indeed, co-created with the subjectivity of the analyst. Likewise, though I use the term 'patient', I do not suggest that the analytic endeavor is one in which a healthy analyst cures a sick patient. I use the term 'patient' in reference to someone who is in psychic pain. I use both 'patient' and 'interpretation' for the sake of continuity with accustomed language of my readers.

As analysts we all want to understand our patients and help them create a more satisfying life. We also want to experience professional fulfillment in the process. I am suggesting that our interpretations express more specific desires. Let us consider that I am seeing a patient three times per week and into the second year of analysis I have announced a planned vacation. Let us further imagine that for the last session before my vacation, this patient presents in very dark purple, almost black outfit and has very little to say. Both attitude and attire are uncharacteristic. If I invite my patient to wonder whether her clothing and reticence may be linked to my pending absence, what am I saying? I am offering a comment preparatory to data that may allow a specific interpretation. I am suggesting that my patient is having a reaction to something I am planning to do. I am inviting my patient to think about her silence and dress. I am fulfilling the duties for which she has hired me. However, am I not also expressing some desires of my own? Perhaps it is a desire that she does have a reaction to my absence. Maybe I am exposing a desire that my patient think and feel in a certain way about me and our sessions. Perhaps I want her to miss me. I am surely expressing a desire for the patient to let me into her emotional world. I am expressing a desire for her to explore her present state and to do that within the language I have offered, which includes me and her reaction to me.

Suppose I am seeing an older man who recounts the previous night's incident as follows: he awoke in the hospital, having been brought in by the police. His knuckles are swollen. His face is badly bruised and his nose is broken. This patient has no recollection of these events. He recalls nothing beyond having his fourth drink at

# Candidate's Corner

## Margery Adelson, Ph.D.

Although I was born and bred in New York, I consider myself a Michigander, or as my nuclear family says "a mishuginuh"

I came to Ann Arbor in 1966 to enter the Ph.D. program in Clinical Psychology at the University of Michigan, which was psychoanalytic in orientation.

I married Joseph Adelson, who is now a retired Professor Emeritus in Psychology. We have raised 3 children - our oldest son is a writer for ESPN. He is married to another sportswriter - a marriage made in "sports heaven." They are expecting a daughter in August. Our younger son combines teaching and business and our youngest, a daughter, is going to law school. Should we be pleased that none became psychologists? Obviously, we did not "brainwash" them. "Tacky" as it may be, we adopted a dog, who had been abused, when our youngest left home. Izzy changed from a terrified terrier to the ruler of the house. Given this transformation, my colleagues joke that they should send me all their borderline patients, because I do like challenges in my clinical work.

I trained and was hired on at the University of Michigan's Psychological Clinic where I supervised psychology interns, social work students and post-doctoral fellows for 26 years. I began my private practice in 1971 when I completed my Ph.D. in downtown Ann Arbor where I have been ever since. If I have a "specialty", it would be doing, thinking, and writing analytically about the supervisory and therapeutic processes..

I continue to enjoy working with adolescents and adults (ages 16-76). In the last ten years, I have learned how to do, enjoy, and be challenged by couples' therapy. For pleasure, I enjoy reading, seeing movies, exercising and

## Kay Pratt, LMSW, ACSW

MPC became an important opportunity for continued education for me after receiving my Master of Social Work degree from Michigan State University in 1990. My first professional position as a social worker was at the Montcalm County Community Mental Health agency. I continued to explore social work by taking positions in two other county CMH Infant Mental Health programs and also, with geriatric social work at the Lansing General Hospital GeroPsych Department and New Day Treatment Center. I particularly enjoyed two years of community social work with the Lansing Police Department and Lansing School District's collaborative program named The Network Center. This was field work with families and individuals in a variety of services for the poverty/high crime area near Lansing's Sparrow Hospital.

While exploring different social work experiences, I became interested in furthering my knowledge of psychoanalytic concepts to understand people and their issues better. I remember especially the inspiration and motivation conveyed while studying Freud's papers and cases with Bert Karon.

I finally settled into my long-term interest in psychotherapy when I began working as an outpatient therapist at Livingston County Catholic Social Services in Howell in 2000. I continue working there part-time along with my private practice.

Recently, I worked with Hugh McPherson and other MPC members to gain social work continuing education credits with the National Association of Social Workers-Michigan and the Michigan Board of Social Work Michigan Department of Community Health (for the many valuable educational offerings available).

My completion of the Psychoanalytic Psychotherapy Study Program and Certificate awarded at the June Banquet will always be a

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(Interpretation, continued)

(Interpretation, continued page 11)

the bar. He is extremely distressed and expresses profound shame and panic. This patient has previously engaged in what he feels is shameful behavior while under the influence of alcohol. I may say to him "I wonder if you are suggesting that we talk about your drinking?" Or, 'It seems that you are putting yourself in dangerous situations.' Or, 'I feel a pull to wonder with you whether you have a drinking problem.' Am I not also saying that I have a desire for him to want to discuss his drinking? Perhaps I am offering my desire that he stops drinking so much. Any of these statements may also be articulations of my desire that he keep himself out of harms way. Am I not also saying that I desire his desire to talk to me?

What about the college professor who is painfully concerned about not being included in important conferences. He has consistently denied any social interest in his colleagues and refuses to engage in social activities with them or join them for lunch. Further he is vigilant about never engaging in small talk or revealing anything about his personal life. However he feels confused about being excluded. I can interpret "Perhaps your lack of interest in them is a defense against your low-self esteem." Am I not saying that it is my desire that he begins to feel better about himself? I may say, 'You have been careful to not let them get close to you. Perhaps you have a wish to be known while also fearing it.' Is this not also a formulation of my desire to know him? Am I not saying that it is my desire that he see how he creates the very situation that causes his pain? Surely I am exposing my desire for him to see the worth of my interpretation and to be interested in how I think about him.

Let us consider one more example. A medical resident has been accepted for a position in a prestigious hospital, thus fulfilling his long term dream. He comes into his next session in a profound panic. He is feeling paranoid, as if this job is a set up for him to fail. This man has had many issues with fear of retribution for his success. I can offer the interpretation that he is experiencing his unresolved conflict about competing with and surpassing his father. Would this also be an articulation of my own desire that he not fear his father any more? Am I not exposing my wish that he enjoy his success? I am surely expressing my desire for him to discuss his feelings within the linguist context of my intervention. It is not my expressed desire that he will step into my way of thinking about his emotional state?

Training, continued)

ties of intellectual curiosity and commitment to psychoanalysis who enthusiastically embrace MPC's commitment to openness and diversity.

Our Psychoanalytic Psychotherapy Program is also pleased to award certificates to two of our members. We applaud Bruce Klein, MA, a new Board member, and Kay Pratt, LMSW for their accomplishments.

In speaking for the Training Committee, I want to thank and commend all of the instructors who expended so much energy in making our courses exciting, interesting and informative. And no less commendation goes to those who have taken the courses who have shown a willingness to immerse themselves in that most fascinating of disciplines-Psychoanalysis.

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# The Michigan Psychoanalytic Council

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