



NEWSLETTER

VOLUME 6 NUMBER 8

SPRING 2006



From Our President **David B. Klein, Ph.D.**

When I first affiliated with MPC, founding member Ed Gibeau suggested to me that MPC was a great organization to participate in, since I could still get in on the ground floor.

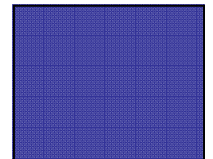
What he meant, I think, was that as the organization approached the end of its first decade, it was still young and in a growth stage, and there were still plenty of opportunities to shape it. As I write this, MPC is well into its second decade, and fortunately what Ed said at that time remains just as true now as it was then. The age of an organization does not define its youthfulness. We are talking about an organization's openness to what Erik Erikson calls 'rededications and reformulations' by its members. In MPC, this can mean creating new programs, or re-shaping policy, or inserting a particularly different individual point of view on just about any issue. This means a maximum of creative input enjoyed by members, creating a vibrant, dynamic social institution, as we build, and re-build our organization.

Amidst all this reshaping and re-formulating, we remain true to our MPC core values: receptiveness to a diversity of psychoanalytic viewpoints, with no one school privileged above others; and equality among members, in as non-hierarchical a structure as possible.

I am aware, of course, that there are various potential rewards for the individual participating in MPC, besides creative input into the organization. First, and perhaps foremost, there is the opportunity for enhancing one's technical skills and knowledge. For example by attending an MPC Sunday program, or taking a class, or teaching a mini-course, or reading the Bulletin or writing an article for the Bulletin, we

This skill-building may be the single biggest draw to the organization, for new members. This has an important social aspect and can meet an important need especially for private practice professionals who may work in a relatively isolated setting. These affiliative connections can occur in any and all MPC activities, but some activities are especially conducive to this, such as Cinema Talk, the Annual Banquet, and the President's Reception.

However, here, I am emphasizing the rewards for the individual of participating in the re-dedications and reformulations which Erikson mentioned, whether this occurs in committee meetings, board meetings, or in seminars. In these and similar settings there is always room for re-shaping, for new ideas, or underlining of a previous direction. Through committing oneself to providing such input, the individual builds enhanced psychosocial well-being, a valuable commodity which comes from participating in the evolving 'fit' or adaptedness between individual and the environment. On a 'macro' psychological level, the individual has strengthened the personal sense of psychosocial identity, which is a lifelong task. On a 'micro' level, among other rewards the individual increases use of the conflict-free ego sphere and counterbalances the superego. The conflict-free ego sphere is enlarged because the individual feels firmly supported by the milieu, accepted and even loved by the group, and in this safe holding environment the individual thinks particularly creatively, playfully, and effectively. Superego constrictions lessen, as the individual substitutes benevolent group ideals (such as open-mindedness, creativity, and group enhancement), thus diminishing the power of previous anxiety-based inhibiting images of authority. I hope each of you joins with me, and has the satisfaction of leaving your mark.



MPC Newsletter Committee

Sheila Wasung, L.M.S.W., B.C.D.
Diane Drayson, A.M., B.C.D.
Franklin Sollars, Ph.D.

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Sarah Clarke, M.S.W.
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 David Klein, Ph.D.
 Reena Liberman, M.S.
 Brenda Lovegrove-Lepisto, Ph.D.
 Franklin Sollars, Ph.D.
 Lynne Tenbusch, Ph.D.
 Elizabeth Waless, Ph.D.

The MPC Newsletter

All material for **The MPC Newsletter** should be submitted as follows: (a) if shorter than one page, submit in typed, double spaced form (b) if longer than one page, submit a 3.5" IBM diskette and a printed copy.

The Editors reserve the right to edit material submitted for purposes of clarity and length.

The Editors and the MPC Board of Directors retain the absolute right to accept or refuse to publish any material submitted to **The MPC Newsletter**. Publication in no way implies MPC's endorsement of or agreement with the published material.

Advertising

Full page \$300
 Half page \$225
 Quarter page \$95
 Per Line \$7.00 per 50 character line(including all characters, spaces, punctuation, etc.), 2 line minimum.

Letters to the Editor : up to 300 words long and may be edited for brevity. A CD-IBM compatible disc is preferred.

Submit materials, articles, or advertisements to:

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411 Oak Run Ct.
Royal Oak, MI 48073
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 E-mail: sheilamsw@sbcglobal.net

Hello to all our readers after a long hiatus as editor. I welcome your comments and feed back about our newsletter and hope you will feel free to do so. Email or phone me with your suggestions.

About MPC

MPC is an interdisciplinary society for training and accreditation in psychoanalysis. There are two options for formal training for qualified individuals: a program in psychoanalysis and a program in psychoanalytic psychotherapy. The programs are based on the tripartite model of psychoanalytic education and feature (1) personal analysis or therapy, (2) supervision on treatment cases, and (3) coursework in theory and technique. Courses, monthly paper presentations, and special programs are offered in Ann Arbor, East Lansing, Detroit area and elsewhere.

The Objectives of MPC are:

- The study of psychoanalysis;
- The enhancement of public and scientific interest in psychoanalysis;
- The support of education and research programs in psychoanalysis;
- The establishment of standards and the certification of individuals qualified in psychoanalysis and psychoanalytic psychotherapy;
- The establishment of educational programs to train qualified individuals in psychoanalysis and psychoanalytic psychotherapy, and to award them a certificate upon graduation;
- The establishment of collaborative relations with other organizations with similar interests;
- The maintenance of a non-discriminatory policy regarding gender, race, age, religion, sexual orientation and ethnicity in membership and training.
- And additional objectives that the Council may pursue.

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Detroit -Metro Area Happenings

Franklin Sollars, Ph.D.

Frank Sollars's Monday night case-consultation group (1st of every month) continues to meet and is thriving. Group membership has maintained itself at 12 members and meets from 7-8:45 p.m.

Suanne Zager has started another study group in Birmingham. The study group will focus on both theory and case material. It will meet on the third Thursday of each month from 7 to 8:30 p.m.. She has 4 attendees and invites anyone to call her at, 248-835-5381. Suanne will also be teaching a course in the Fall in Birmingham on "Psychoanalytic Views of Psychosomatics."

We continue to have two clinical presentations a year in the Detroit area that are produced by the Detroit area group. This past Fall, I presented a paper on the "Metapsychology of Needs" at the Orchard Ridge campus of Oakland Community College. On March 4th, Bert Karon was to present a paper entitled, "Recurrent Psychotic Depression is Treatable without Medication," but it had to be postponed because of Mary Karon's unfortunate

Union Institute and University and MPC Franklin Sollars, Ph.D.

We continue to have a working arrangement with Union Institute and University to use our psychoanalytic course work as completion of the course requirements for a doctorate in psychoanalysis. An additional year of course work would be required, if one desired a doctorate in clinical psychology, which would allow a person to apply for licensure in psychology. We are trying to work out an arrangement that would accept M.S.W.s and MDs into the program.

The details are still being worked out. If interested in the doctoral alternative, call me at 248-646-9322 or Email: Fsollars@aol.com.

Affect Regulation and the Repair of the Self

Elizabeth A. Waies, Psy.D

Dr. Schore presented to MPC in February 1995 with Dr. Henry Krystal. The title of his presentation was "Affect Regulation and the Origin of the Self: The Neurobiology of Emotional Development". MPC was the first professional group to ask him to present his research. Ten years later in October 2005, he is even more energetic, enthusiastic and certain about his topic. The three day workshop in Santa Fe, New Mexico at the New England Educational Institute, was a summary of his three books (which he refers to as his "green book", his "blue book" and his "red book" – referring to the color of the covers) plus the most up-to-date information in the field of developmental neurobiology and clinical application that one can find. Dr. Schore drew on his own research that he is doing on personality disorders, plus summarized what has been found by others, to bring neurological findings into the clinician's office in a usable form.

Reading Schore's books is a challenge to the non-neurologist; however, the reward is a way of understanding the neurological underpinnings of chronic human suffering that stems from the early and on-going child-parent relationships. Along with this comes an "Aha" experience in knowing why psychoanalysis can take so long. Hearing Schore was a treat; he is a model of what a teacher can be. When asked how he was able to talk for three days straight, he said that he was having fun. After three days, I felt that my right brain had been reassured, and my left brain was happy to use that experience in my clinical work and in the classroom.



Training and Certification Report Robert Hooberman, Ph.D.

The Training and Certification Committee coordinates a wide range of activities for MPC. These include developing training curriculums, admitting candidates for training, developing courses and other educational programs, certifying analysts and psychoanalytic psychotherapists, as well as ensuring that the training program functions in an effective and rigorous yet still caring fashion.

I have been very fortunate in having as my immediate predecessor Janet Robinson, Ph.D., who made a number of important contributions through her years as member and as head of the committee. I am especially appreciative of her graciousness and helpfulness through the transition. The present Committee consists of several dedicated individuals. They are: Ruth Rosenthal, Ph.D.-VP for Certification; Pat Marciniak, M.S.W., Karin Ahbel-Rappe, Ph.D.; Karen Baker, M.S.W., Diane Burgermeister, Ph.D., Jeffrey Glindmeyer, Ed.D., David Klein, Ph.D.-ex-officio; Brenda Lepisto, Psy.D.; Peter Wood, M.S.W.-candidate representative; Suanne Zager, M.S.W.

Most recently we have admitted two new candidates into the psychoanalytic training program. Mary Beth Atwell, M.S.W., has begun training this past year and we are pleased to welcome our newest candidate, Ralph Hutchison, Ph.D., who has recently been accepted. We are also looking forward to the contributions of our newly certified analyst, Carol Levin, MD. We are also pleased that Sheila Wasung, M.S.W. and Kay Pratt, M.S.W. have been accepted into our psychoanalytic psychotherapy program.

Along with Mary Beth and Ralph, our candidate group is impressive in its level of enthusiasm and talent. The members are: Mary Anderson, Ph.D., Sonya Freiband, Ph.D., William Gaines, Ph.D., Pamela-Orosan-Weine, Ph.D., Susan Pierson, M.S.W., Leslie Rapp, M.S.W., Michele Rivette, M.S.W. and Peter Wood, M.S.W.

The committee, along with developing classes for the next educational year, is focusing on several innovative programs. We are in the process of developing a new curriculum-one that will shorten the duration of the various classes but will increase the number and variety of courses. Another activity of the committee is the continued development of the Psychoanalytic Psychotherapy Program under the able leadership of Sue Zager, M.S.W. We are also in the beginning stages of developing a Child Analytic Program that is being spearheaded by the redoubtable Brenda Lepisto, Psy.D. Most classes are open to all members. I

East Lansing Office Suite

2 rooms, private bath,
(approximately, 480 sq.ft.)

Sound proof,

Corner location

Wood lot view

City bus service

Handicap services

Ample parking Location: 1451 East
Lansing Drive.

Please contact: Mary Ann Stehr:
(517) 351-4788

For Rent

President's Kick-Off Fundraiser

David Klein

I am pleased to report that our fundraising efforts succeeded in collecting \$2910 for MPC. The contributions will help insure the success of these projects:

- Volume 2 of the Bulletin of the Michigan Psychoanalytic Council
- The Psychoanalytic Psychotherapy Program
- Cinema Talk Program
- The Child Analytic Training Program
- The Weekend Seminar Series
- Community Outreach

The expansion of our programs and events means that we are reaching more people and making psychoanalytic thought more accessible to mental health professionals.

Thanks to everyone who contributed. Your generosity is helping to build the Michigan Psychoanalytic Council and its presence in the community.

List of Contributors

Friends (\$00-49)

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Anonymous
Reena Liberman

Contributors (\$100-199)

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Scott Trylch

Patrons (\$200-349)

Karen Baker
Brenda and Murray Meisels
Jack and Kerry Novick
Sue Zager

Benefactors(\$350-500)

Robert Hooberman
David Klein
Brenda Lepisto
Carol Levin

Member News and Notes

MPC Community Bulletin Board

- *Condolences to Brenda Lovegrove-Lepisto upon the death of her grandmother -Robert Hoberman*
- *In Memory of my grandmother, Marie Lovegrove, 10/03/1911 - 01/13/2006-Brenda Lovegrove Lepisto*
- *Congratulations to Ralph Hutchison, Ph.D. on his admission to candidacy in MPC.-Robert Hoberman*
- *Congratulations to Carol Levin, MD on the attainment of Psychoanalyst status at MPC.- Robert Hoberman*
- *Condolences to Jerry Brandell upon the death of his step-mother in January-David Klein*
- *Thanks and Congratulations to Reena Liberman, for starting up a new (and fun) MPC Program – Cinema Talk.-David Klein*
- *Congratulations to Marilyn Charles, on her new position at Austin Riggs Center—and her continued contributions to MPC.-David Klein*
- *Condolences to Sue Zager upon the death of her mother Judith in May-Sheila Wasung*

Note – Any MPC member may place items in the *MPC Community Bulletin Board.*, Listings include a donation of \$10 each, and the income will be used to help defray costs of publishing the Newsletter.

Karin Ahbel-Rappe, Ph.D. ,will have her paper, " 'I no longer believe': Did Freud abandon the seduction theory?" appear in JAPA 54:1 (2006).

Bert Karon, Ph.D., paper, "Recurrent Psychotic Depression Is Treatable by Psychoanalytic Therapy Without Medication," was published in *Ethical Human Psychology*, Volume 7, Number 1, Spring 2005.

Elizabeth Waies, Ph.D., has had "Treatment of Dissociative Identity Disorder," accepted for publication by the *Psychoanalytic Review*, scheduled for publication June 2006.

MPC Annual Banquet

Join us for our annual banquet on Saturday, June 10 , 6-9 p.m. Carol Levin, MD will receive her Certification as a Training Analyst with MPC. The event will be held at the Michigan League in Ann Arbor.

Tri-annual Retreat

Make sure you plan for next year's Tri-annual Retreat which will be held again at the Homestead Resort in Glen Arbor, Michigan. It is a beautiful and peaceful setting for working and for relaxing with the group. Remember, it is open for all to attend and we hope you will decide to join us.

News From the Classes

Ego Psychology: Fall, 2005

**Report by Sarah Clarke, M.S.W. and
David Klein, Ph.D.**

For some in analytic circles, ego psychology seems outmoded and no longer useful, so in this seminar a goal was to assess the relevance of an ego psychological point of view for our current clinical work.

During the 15 weeks of the course, we studied the entire sweep of ego psychology, chronologically, in four units. First, we began with the formal origins of ego psychology in Freud's works *The Ego and the Id* (1923) and *Inhibitions, Symptoms, and Anxiety* (1926). Next we read some of the first applications of Freud's new theory, such as Wilhelm Reich (1933), Richard Sterba (1934), and Anna Freud (1936). The third unit comprised the Modern Era of ego psychology. This era is centered in the work of Heinz Hartmann (1939, 1950, 1951), and his colleagues, Kris (1951) and Loewenstein (1950, 1953, 1966, 1971). Also in this unit we studied the contributions of Erikson (1950) and Rapaport (1954, 1956, 1957). The fourth and final unit, Contemporary Ego Psychology, included the work of Brenner (1982), Gray (1982, 1986, 1987) and Busch (1999).

While the seminar members had very different levels of experience and training, everyone persisted and participated in the lively discussions, which focused on theory as well as technique. The seminar members were: Sarah Clarke, David Freiband, Sonya Freiband, Ralph Hutchison, Robin Kahler, Reena Liberman, Hugh McPherson, and David Klein, instructor.

Our conclusion? Fred Pine (1998) had it right when he stated that while the ego psychological viewpoint is certainly not the new wave, it is as relevant as it ever was, is compatible with diverse points of view, and can be – indeed should be – a living presence in clinical sessions. We would even go a step further

and add that ego psychology continues to evolve, and as it does so it increases its vibrancy and excitement for clinicians.

MPC/MSU Panel on Professional Identity and Development **Brenda Lovegrove-Lepisto, Psy.D.**

On December 12, 2005 MPC co-sponsored a panel on professional identity and development for the clinical psychology doctoral students at the MSU Psychological Clinic. MPC members who are also community supervisors, Brenda Lovegrove Lepisto, Psy.D., Mary Nowack, Ph.D., and Peter Wood, MSW joined community supervisors Jack Lyones, Ph.D., Tim Goth-Owens, Ph.D. and Daniel Greenberg, Ph.D. (director of the MSU Psychological Clinic) for a lively and interesting discussion. Prior to the panel Kerry Leahy, M.A., a member and past-president of the MSU Graduate Analytic Students, gathered questions from the students. Their concerns and questions included how to set up a private practice, working in a group practice, marketing psychotherapy services, billing and working with insurance, the pros and cons of participating on managed care panels, and establishing community connections. Other more personal issues were discussed such as the potential dual relationships that occur in a small community, seeing clients outside of the session, collecting fees, charging fee policies for missed sessions, diverse career directions, and the future of clinical psychology. This panel was refreshing for those of us who were on the panel as we had the opportunity to share our ideas with one another as well as the students. The eagerness and brightness of these students shine a light on the future of psychologists.

MPC is ON-LINE!

Visit our new web page at:

www.mpcpsa.org

Our Cinema Talk **Reena Liberman, M.S.**



On January 27th, a group of MPC members and friends gathered to watch the film *Secretary* by Steven Shainberg. The movie is an offbeat comedy about a couple discovering that they share complementary desires and become engaged with each other through sadomasochistic enactments. Their disturbing actions and interactions lead to a place that's unsuspecting to the viewer while creating a bridge between the etiology of BDSM (a complex acronym for bondage-discipline, dominance-submission, and sadomasochism) and love. Watching the film challenged our perceptions about how plausible such a bridge is and what comprises healthy and normal relationships. Our post-film discussion also included questions about perversion, character transformation and evolving individuation, the normative existence and expression of power in intimate relationships, enactments and guilt, and symbolism.

Secretary was the third film shown through MPC's Cinema Talk, where members and affiliates gather to watch a movie and then convene in small groups to talk about the experience of seeing the film. Many find that conversing about a film enriches their experience and contributes to deriving greater meaning from it. What Cinema Talk captures is the immediacy and spontaneity of that experience with the added stimulation of sharing it with others equally interested in its psychological aspects.

Films are selected with an eye toward psychoanalytic themes and diversity of experience and culture. In July, Cinema Talk featured *Confidences Trop Intimes (Intimate Strangers)* by Patrice Leconte, and in October we watched *Festen (The Celebration)* a Danish film by Thomas Vinterberg. Feedback has been positive and encouraging. The fourth film in this year's series will be shown in late April, 2006.

Films are shown at Washtenaw Community College in Ann Arbor from 7:00 to 10:00 pm. Refreshments

are available. Check the MPC website at www.mpcpsa.org for more information or contact Reena Liberman at 734.741.1655 or rmliber@sbcglobal.net for additional

"While other organizations are losing members and numbers, MPC is holding its own. MPC has a healthy membership of a little over one hundred professionals and students, a number which has remained steady over the past few years. That this number is holding steady is a quiet measure of the value that professionals are placing on MPC membership. The following are members who have joined the Council this past year."

Elizabeth Waies, Ph. D., Membership Chair

Welcome New Members

Jay Abel-Horowitz, M.D., M.A.
Margaret Blum, M.S.W.
Arthur Brickman, Ph.D.
Dorella Bond, Ph.D.
Sarah Clarke, M.S.W.
Kathleen Cramer, L.L.P.
Sue Durante, L.M.S.W., Psy.S.
Howard Erman, Ph.D.
Doreen Grossman,
Margaret K. Guardiano, M.A., L.L.P.
Marta Hansen, L.M.S.W.
Kathleen Irvin, L.M.S.W.
Christina Johnson, M.A., L.P.C.
Robin Kahler, M.S.W.
Marian Karl, Ph.D.
Martin Kurylowicz,
Andrea Lavigne, L.M.S.W.
Irving Leon, Ph.D.
Howard Lerner, MD
Reena Liberman, M.S.
Michael Singer, M.D.
Luke Stephan, ACSW, L.M.S.W., L.M.F.T.
Heather Trobert, M.A.

Candidate's Corner

Marybeth Atwell, M.S.W.

I guess I would call myself a native mid-westerner, having grown up in various towns of Michigan and Ohio. My family moved to England when I was in high school and I graduated from the American School in London. I came to Grand Rapids to attend college and graduated in 1979 from William James College at Grand Valley State University. I worked in counseling and education at Planned Parenthood, and with kids in day treatment before going off to graduate school at the University of Michigan. After graduating from the School of Social Work with an M.S.W. in 1983, I worked as a therapist and the Project Supervisor of the Domestic Crisis Center in Grand Rapids. Working with families in this setting stimulated my interest not only in family systems work, but in a deeper understanding of the dynamics that contribute to these destructive patterns in families. From there I worked as an outpatient therapist at the Advisory Center for Teens, part of the Community Mental Health system. As a therapist in the public system I was part of community task forces that addressed the ways that mental health services failed to meet the needs of women and more seriously ill patients seeking treatment. I next worked in an inpatient setting with young adolescents at Pine Rest Hospital. At the Advisory Center for Teens and at Pine Rest I participated in family therapy training. Since 1989 I have been in private practice working with individuals, couples and families.

I have been around the MPC community for many years and have taken several classes. My interest in psychoanalysis and in becoming a candidate has grown out of my own treatment experience, the classes I have taken and the people I have met in the analytic community at MPC. I look forward to the program and hope to develop my interest in bringing psychoanalytic concepts to work in the community and with

organizations.

I live in Grand Rapids with my husband Phil Reed and my son, Kevin who is 17. My interests include film, passionate attention to the politics of our country, cooking, exercise and meditation. My hope for the future is to be part of a rowing team.

Ralph Hutchison, Ph.D.

Ralph has worked with a wide variety of children families and adults over the past twenty-five years. Originally, he obtained a MS in clinical psychology from Eastern Michigan University. During that period of time he learned much about learning theory and family systems approaches. He developed his interest in psychoanalysis as he worked to complete his doctorate at the University of Detroit Mercy. His first serious encounter with psychoanalysis came after listening to Patrick Kavanaugh's clear description of unconscious processes in a case presentation. He left the class, asked himself "whether this stuff was valid", and then experienced a behavioral demonstration of its validity. Unknowingly he placed his thumb in an open pop can and twisted his thumb against the raw edge of the can. Since then, he has had a personal, research oriented, and clinical interest in exploring our unconscious processes. In addition to improving his general understanding of psychoanalytic theory and practice, he is currently interested in developing his understanding of neuron-psychoanalysis, EEG's and its use in a psychoanalytic practice. As well, he is interested in developing his understanding of self-analysis, journaling in an interpersonal or relational context. He has two young adult children, who in a loving context help him identify his shortcomings. Currently, he has offices in Ann Arbor and Monroe. Though in many ways he is a generalist, he also is specializing in difficult-to-treat adults, children and their families. He can best be reached at 734-476-4855 or during Sunday MPC monthly meetings.

New Developments in Social Work **Continuing Education** **Hugh McPherson and Kay Pratt**

New social work licensing legislation was passed by Michigan legislature in mid- year 2005. As a result of the legislation, social workers are now required (beginning with 2006) to document 45 hours of continuing education during a three year cycle. As there are over 30,000 social workers in Michigan, this event has the potential to change much in the demand for training and educational programs and the enhancement of professional organizations by increased participation in programs and membership.

Seeing this as an important opportunity for our organization, the MPC Board has authorized the creation of a steering committee of social worker members of MPC to guide the process of applying for provider approval for select educational and training programs of our organization. Those social workers who are members of MPC are invited to be on this committee. Contact Hugh McPherson (networker@mhweb.org or 734-761-8813) or Kay Pratt (chuckokemos@comcast.net or 517-347-2988), if you would like to participate.

It has been proposed to the MPC Board that a list of courses and events for 2006-2007 be approved by the board at the April 30th board meeting for inclusion in our CEU provider application packet. We then hope to have the final application packet ready for Board approval at the May Board meeting. With this schedule, we anticipate ready approval for these courses and events for the 2006-2007 academic year.

If all goes as planned, we will be in a position to advertise many of our educational offerings as providing continuing education credit to social workers this summer. It is even possible that new course offerings may be offered by MPC to meet the needs of this new group of participants in our programs.

Candidates in Psychoanalysis

Karin Ahbel-Rappe, Ph.D.
Mary Anderson, Ph.D.
Marybeth Atwell, M.S.W.
Sonya Freiband, Ph.D.
William Gaines, Ph.D.
Ralph Hutchison, Ph.D.
Sally Keener, M.A.
Pamela Orosan-Weiner, Ph.D.
Susan Pierson, M.S.W.
Leslie J. Rapp, A.C.S.W.
Michele Rivette, M.S.W.
Peter Wood, M.S.W.
Margaret Zerba, Ph.D.

Candidates in Psychoanalytic Psychotherapy

Kay J. Pratt, L..M.S.W.
Sheila L. Wasung, L.M.S.W.



THE MICHIGAN PSYCHOANALYTIC COUNCIL PSYCHOANALYSTS

Jean Apperson, Ph.D.
Ann Arbor and Manchester

Karen Baker, M.S.W.
Ann Arbor

Teresa Bernardez, MD
East Lansing

Jerrold Brandell, Ph.D.
Ann Arbor

Sander Breiner, MD
Farmington Hills

Diane Burgermeister, Ph.D.
Farmington Hills

Marilyn Charles, Ph.D.
East Lansing

Diane Drayson, A.M.
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Carol Fiore, Ph.D.
Tucson, Arizona

Edward Gibeau, Ed.D.
Arizona

Norman Gordon, Ph.D.
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Louis Hoffman, MD
Southfield

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Ann Arbor

Bertram Karon, Ph.D.
East Lansing

David Klein, Ph.D.
Ann Arbor

Kathleen Koepele, M.S.W.
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Henry Krystal, MD
Bloomfield Hills

Brenda Lepisto, Psy.D.
East Lansing

Carol Levin, Ph.D.
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East Lansing

Wolfgang May, MD
Ann Arbor

Brenda Meisels, M.S.W.
Ann Arbor

Murray Meisels, Ph.D.
Ann Arbor

Howard Moore, Ph.D.
Farmington Hills

Jack Novick, Ph.D.
Ann Arbor

Kerry Kelly Novick, A.B.
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Holt

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Huntington Woods

Franklin Sollars, Ph.D.
Birmingham

Evangeline Spindler, MD
Ann Arbor

Margaretann Sweet, M.A.

Lynne Tenbusch, Ph.D.
Ann Arbor

Ellen Toronto, Ph.D.
Ann Arbor

Scott Trylch, Ed.D.
Midland

Ellen VanDeMark Mark, M.A.
Alma

Elizabeth Waiess, Psy.D.
East Lansing

Suanne Zager, M.S.W.
Birmingham & East Lansing

Schedule of Classes 2006-2007

FALL 2006

Ann Arbor

***Continuing Case Conference**-David Klein, Ph.D., Wednesdays, 1:30-3:30 pm
davidkleinphd@comcast.net, 734-998-0949

Freud's Papers-Karin Ahbel-Rappe, Ph.D., Wednesdays, 11:30-1:00 pm
k.ahbel-rappe@sbcglobal.net, 734-761-8650

Progression in Psychoanalytic Thought-Lynne Tenbusch, Ph.D., Wednesdays, 5-6:30 pm
lynnegtenbusch@wwnet.com, 734-973-3232

Birmingham

Psychodynamic Views on Psychosomatic Disorders-Suanne Zager, M.S.W., Saturdays, 1-2:30 pm
regaz@comcast.net, 517-484-5065

Jungian Theory- Franklin Sollars, Ph.D., Mondays, 10-11:30 am (12 weeks)
fsollars@aol.com, 248-646-9322

East Lansing

Transference-Countertransference-Carol Levin, MD, Mondays, 11-12:30 pm levinc@msu.edu, 517-381-0496

*Enrollment is limited to Candidates

SPECIAL POINTS OF INTEREST:

- Fall classes begin September 11, 2006
- Winter classes begin January 8, 2007
- Classes run for 15 sessions except where noted
- Membership required
- Contact Diane Burgermeister to register at 248-855-1695 ext. 1

WINTER 2007

Ann Arbor

***Continuing Case Conference**-David Klein, Ph.D., Wednesdays, 1:30-3:30 pm
davidkleinphd@comcast.net, 734-998-0949

Freud's Cases-Karen Baker, MSW, Wednesdays, 11:30-1:00 pm
kembaker1@comcast.net, 734-996-8185

Birmingham

Introduction to Child Psychoanalysis-Ira Schaer, Ph.D., Tuesdays, 12:30--2:00, 248-399-6030.

East Lansing

Transference-Countertransference-Carol Levin, MD, Mondays, 11-12:30 pm
levinc@msu.edu, 517-381-0496

Attachment Theory-Elizabeth Waless, Psy.D. Mondays, 6-7:30 pm
waless@aol.com, 517-336-9930

Psychoanalytic Psychotherapy Program

Please take notice that enrollment is open and ongoing for this program. You may go online to our website (www.mpcpsa.org) and see some of the classes that are available. You may also contact Suanne Zager for complete information on how you might become a candidate or take classes in this program. Her contact information is:

regaz@comcast.net
 Phone: 517-484-5065 or 248-835-5381

A Weekend with Lew Aron Lynne Tenbusch

April 7 and 8 were exciting days for members of Michigan Psychoanalytic Council and others who attended the conference. On Friday evening, after a dinner of fish, chicken or pasta and a variety of desserts to raise our blood sugar levels, members of the audience were treated to an impromptu presentation by Dr. Aron. He had arrived with a written paper but decided to speak from the heart. His impromptu delivery kept us all riveted. The audience had many questions and a lively discourse ensued. Indeed, we would have kept Dr. Aron at the podium much longer, but his desire for a dessert won out.

Dr. Aron's knowledge of the historical context within which psychoanalytic ideas are generated laid the groundwork for broader angles from which to view psychoanalytic movements. Additionally, his ability to critique while not criticizing offers a much needed standard for analytic writing and thinking.

Aron reviewed analytic thinkers from Freud through Ferenczi, Loewald, Winnicott, and Fairbairn and up to contemporary relational theorists. He suggested that though Loewald uses Freudian language, his definition of drive has relational meanings.

According to Aron, this is also true of Fairbairn for whom a person pursues a relationship as opposed to gratifying instinct. If a person experiences pain that relationship, then a painful relationship will be pursued. In

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contrast, if a person experiences pleasure in the relationship, he or she will seek pleasure. Thus, relational thinkers suggest forfeiting the idea of a pleasure seeking drive.

Aron then discussed tradition and the historical relationship that psychoanalytic thinkers may have to tradition. He suggested that wanting to maintain tradition can equate to submitting to the father while preferring to get rid of tradition suggests killing the father. Dr. Aron then posed and explored the question as to whether revolutionary thinking is revolutionary or evolutionary.

Aron spoke about the historical factors influencing a move toward relational thinking. His discussion included the influence of Israel Berlin, whose work explored the question of whether a person is an individual or part of a social group. Cited by Dr. Aron as the two most influential factors in the development of relational thought are the Feminist movement in the 1960's which changed the analytic focus from penetration to holding, and the establishment of Division 39 in the early 1980's which provided psychoanalysts a professional group within which to meet and share ideas.

Three categories of relational thinking were delineated by Aron. Thinkers are relational by intent, design or implication. In the 'intent' category Aron placed Fairbairn and Klein, citing an important distinction between the two. Fairbairn, according to Aron, maintains that only a person in a dysfunctional relationship internalizes a BAD object whereas, in healthy relationship, a person relates to the REAL person as opposed to internalized objects. Klein, on the other hand, focuses on the internalized object or nature of the internalized object and how this internalized object is dealt with/related to.

THE MICHIGAN PSYCHOANALYTIC COUNCIL

Application for Membership

Name _____ Birthdate _____

Home Address _____ Phone _____

Email: _____

Office Address _____ Phone _____

Please mark preferred mailing address

Educational Background:

Institution	Degree	Date	Major
_____	_____	_____	_____
_____	_____	_____	_____

Current Position(s):

Are you currently certified in Psychoanalysis? _____ Yes _____ No

Are you interested in training and certification in psychoanalysis? ___Yes ___No

Psychoanalytic Psychotherapy? ___Yes ___No

Child Psychoanalytic work? ___Yes ___No

Please describe your interests in Psychoanalysis (course work, independent study, certification, teaching, other):

Member We welcome anyone interested in psychoanalysis to become a member.

Student Student members shall be graduate students or psychiatric residents.


Please indicate status applied for : _____ Member (Annual Dues \$125)

_____ Student member, retired, or inactive (Dues \$40)

Please return application and dues to : Elizabeth Wailess, Psy.D.
4970 Northwind
P.O. Box 4402
East Lansing, MI 48826
Phone: 517-336-9930

The Michigan Psychoanalytic Council

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