

Michigan Council for Psychoanalysis and Psychotherapy
THE PSYCHOANALYTIC DEVELOPMENTAL PERSPECTIVE – I: Infancy & Toddlerhood

Syllabus for Weeks 1 – 10, (15 Hours) Mondays 11:00 AM – 12:30 PM Margaret Sweet /Peter Wood

This course focuses on the integration of biological, psychological, gender and social/emotional development during infancy and toddlerhood. The goals of this segment of the course are 1) to identify and appreciate the biological, emotional, psychological, cognitive, gender and social development that take place, 2) to develop an awareness of how the earliest interactions between the internal and external environment of the child influence psychological functioning of the infant and toddler and 3) begin to apply theories of development, (e.g. Bowlby's attachment theory, Kleinian theory, Kohutian (self) psychology, ego psychology, object relations, and others) to clinical practice.

Class discussion throughout the course will help participants understand the importance of the developmental perspective to theories in psychoanalysis. The growing interdisciplinary understanding of psychological development has been a factor in moving psychoanalysis and psychodynamic therapy increasingly towards an experiential/relational perspective. We will explore human development through the integrative confluence of biology, psychiatry, neurology, interpersonal neurobiology, traumatology and psychoanalysis.

This course is structured to engender and support the continuous development, both professionally and personally, of the emerging as well as the veteran clinician.

WEEK 1, September 12, 2016: Introduction to Psychoanalytic Developmental Psychology – Theory and Practice

*Sherick, I. (2012). *Introduction to Child, Adolescent, and Adult Development: A Psychoanalytic Perspective for Students and Professionals*. (pp 1-14)

Seigel, D., and Hartzell, M., (2004) *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*, New York, Penguin, (pp xi-132, Chapters 1-5)

WEEK 2, September 19, 2016: The Early History, Current Significance and Future of the Psychoanalytic Developmental Perspective: Why Knowledge Of Human Development Is Essential for Mental Health Practitioners

*Schore, A.(2012). *Toward a New Paradigm of Psychotherapy*, in *The Science of the Art of Psychotherapy*. W. W. Norton and Company, London. (pp. 1-20.)

*Narvaez, D.,

and Gleason,T.,(2013) *Developmental Optimization*, in *Evolution, Early Experience and Human Development*, Oxford University Press, Oxford, (pp. 306-319).

*Schore, A.(2003). PART I, DEVELOPMENTALLY

ORIENTED PSYCHOTHERAPY, Chapter 2, Minds in the Making: Attachment, the Self-Organizing Brain and Developmentally-Oriented Psychoanalytic Psychotherapy, in *Affect Regulation and the Repair of the Self*, W. W. Norton and Company, London. (pp 34-57).

Suggested
Reading

Schore, A. (2003). PART I, DEVELOPMENTALLY ORIENTED PSYCHOTHERAPY, Chapter 1, Interdisciplinary Research as a Source of Clinical Models, in *Affect Regulation and Repair of the Self*, W. W. Norton and Company, London. (pp 3-32).

Schore, A., (2013), Therapeutic Enactments: Working in Right Brain Windows of Affect Tolerance, in *The Science of the Art of Psychotherapy*, W.W. Norton and Company, London. (pp 152-208).

Bromberg, P., (2011), *The Shadow of the Tsunami and the Growth of the Relational Mind*, Rutledge, New York:
Routledge

Maroda, K.J. (1998), Enactment. When the Patient's and Analyst's Pasts Converge. *Psychoanalytic Psychology*, 15, (pp 517-535).

*NOTE: Contributions from Bromberg, Maroda and Schore assist further development of the practitioner's ability to therapeutically engage!

WEEK 3, September 26, 2016: **Introduction to Infancy**

Trevarthen, C. (1993). The Self Born in Intersubjectivity: The Psychology of Infant Communicating in *The Perceived Self: Ecological and Interpersonal Sources of Knowledge*, New York:Cambridge University Press, (pp 121-173).

Trevarthen, C. (2011). "What Is It Like to be a Person Who Knows Nothing? Defining the Active Intersubjective Mind of a Newborn Human Being." in *Infant and Child Development* 20, No. 1:119 -135.

Schore, A., (2003). Parent Infant Communications and the Neurobiology of Emotional Development in *Affect Dysregulation and Disorders of the Self*, W. W. Norton and Company, New York. (pp 71-86)

Suggested
Reading

Stern, D. (1985). *The Interpersonal World of the Infant*, New York:Basic Books.

Siegel, D. and Hartzell, M., *Parenting From the Inside Out, How a Deeper Self-Understanding Can Help you Raise Children Who Thrive*.

WEEK 4, October 03, 2016: **Development of the Ego**

Video "Right from the Start"

*Greenspan, S. I., (1988) The Development of the Ego: Insights from Clinical Work with Infants and Young Children, *Journal of the American Psychological Association*, 36S, 3-55. (PEP)

Video: The Still Face Experiment, Tronick, Edward

*Fraiberg, S. (1982) Pathological Defenses in Infancy. *Psychoanalytic Quarterly*, 51, 612-635. (PEP)

Suggested

Reading

Fraiberg, S. (1981). *Ghosts in the*

Nursery

Krystal, H., (2002). What Cannot be Remembered or Forgotten. In J. Kauffman (Ed.), *Loss of the Assumptive World: A Theory of Traumatic Loss*, New York: Psychology Press, (pp 213-219).

WEEK 5, October 10, 2016: **Development of the Ego and Superego**

Resume previous week (September 26, 2016) discussion of required reading and additionally explore:

Schore, A. (1994) Affect Regulation and Early Moral Development in Affect Regulation and the Origin of the Self, New Jersey: Lawrence Earlbaum, (pp 348-369).

Video/Sixty Minutes: Born Good? Babies Unlock the Origins of Morality

WEEK 6, October 17, 2016: **Development of the Self**

Bowlby, J. (1989) The Role of Attachment in Personality Development and Psychopathology, in *The Course of Life, V.1: Infancy*, (pp 229-270)

Tyson P. and Tyson, R. L. (1990), Object Relations Development. In *Psychoanalytic Theories of Development*, New Haven, CT: Yale University Press, (pp 97-108)

Tyson. P., and Tyson, R. L. (1990), Development of a Sense of Self. In *Psychoanalytic Theories of Development*, New Haven, CT: Yale University Press, (pp 118-128).

Tyson P. and Tyson R. L., (1990) Developmental Evolution of Affect. In *Psychoanalytic Theories of Development*, New Haven, CT: Yale University Press, (pp 149-160).

WEEK 7, October 24, 2016: **Toddlerhood**

*Novick, Kerry Kelley, Talking to Toddlers

*[Winnicott, D.W. \(1953\). Transitional Objects and Transitional Phenomena—A Study of the First Not-Me Possession. *Int. J. Psycho-Anal.*, 34:89-97.](#)

*Tolpin, M. On the Beginnings of a Cohesive Self: An Application of the Concept of Transmuting

Internalization to the Study of the Transitional Object and Signal Anxiety. *Psychoanalytic Study of the Child*, 26, (pp 316-352)
(PEP)

Video: Mary Ainsworth, Attachment and the Growth of Love, Davidson Films

WEEK 8, October 31, 2016: **Toddlerhood Continued**

Furman, E., (1992), Self-care and the Mother-Child Relationship, *Toddlers and their Mothers*, (pp 111-130)

Furman E., (1992), Fathers, *Toddlers and their Mothers*, (pp 131-146).

Furman, E., (1992), Toileting, Phallic Manifestations, and the Investment of Body-Ego, *Toddlers and their Mothers*, (pp 147-175)

WEEK 9, November 07, 2016: **Developmental Optimization**

PARTICIPANT PRESENTATIONS: Infant/Toddler Field Observations

WEEK 10, November 14, 2016: **Developmental Optimization** Continued

PARTICIPANT PRESENTATIONS: Infant/Toddler Field Observations

Required texts

Seigel, D., and Hartzell, M. (2004) *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*, New York: Penguin (\$12)

Tyson P. and Tyson, R. L. (1990), *Psychoanalytic Theories of Development*, New Haven, CT: Yale University Press (under \$5 used)

Furman
E. (1992), *Toddlers and their Mothers*, Madison CT: International Universities Press (under \$5 used)

* Starred items are provided