

BASIC CONCEPTS OF PSYCHOANALYSIS

December 2015

Instructor: Karin Ahbel-Rappe Ph.D., MSSW, LCSW

Location: 304 ½ S. State St. Ann Arbor

Wednesdays, 1-3

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1. December 2, 2015

Introduction

Reading: lecture 1, Sigmund Freud, *Five Lectures on Psychoanalysis*

2. December 9, 2015

Freud and the original conceptual world of psychoanalysis

Reading: lectures 2-5, Sigmund Freud, *Five Lectures on Psychoanalysis*

3. December 16, 2015

An approach to organizing psychoanalytic data

Reading: Fred Pine, *Drive, Ego, Object, & Self*; New York: Basic Books, 1990;
Chapters 2, 3

4. January 6, 2016

Continued

Reading: Pine, Chapter 7

5. January 13, 2016

An analytic formulation of interpretation as the central psychoanalytic Intervention

Reading: Steven Levy, *Principles of Interpretation*, New York: Aronson, 1984;
Chapters 1-4.

6. January 20, 2016

Continued

Reading: Levy, Chapters 5,6,7,9

7. January 27, 2016

Other psychoanalytic interventions (and patients)

Readings: David Klein, "Four modes of psychoanalytic listening", *Bulletin of the Michigan Psychoanalytic Council*, v. 2, Fall 2006, pp. 33-62.

Fred Pine, "The interpretive moment", in F. Pine, *Developmental Theory and Clinical Process*, New York & London, 1985, pp. 148-159.

Donald Winnicott, "Clinical varieties of transference", in *Through Pediatrics to Psycho-Analysis*, New York: Basic Books, 1975, pp. 295-299.

Michael Franz Basch, *Doing Psychotherapy*, New York: Basic Books, 1980, chapters 11, 12, 13.

8. February 3, 2016

Counter-transference and beyond

Readings: Paula Heimann, "On Counter-transference," *International Journal of Psychoanalysis*, 1950, 31:81-84.

Joseph Sandler, "Countertransference and Role-responsiveness," *International Review of Psycho-analysis*, 3:43-47.

James Chu, *Rebuilding Shattered Lives*, New York: Wiley, 2011, excerpts.

Donnel Stern, "On having to find what you don't know how to look for", in D. Stern, *Partners in Thought*, New York: Routledge, 2010.

9. A contemporary integration of psychoanalytic concepts

Reading: Paul Wachtel, *Therapeutic Communication: Knowing What to Say When*, **2nd edition**, chapters 7, 8, 9, 10

10. continued

Reading: Wachtel, chapters 11, 12, 13, 14

Students are responsible for obtaining the following materials:

Freud's *5 Lectures on Psychoanalysis*; Levy's *Principles of Interpretation*; and Wachtel's *Therapeutic Communication*, **2nd edition**. If you search for used books on the internet, you'll find Freud for pennies + shipping, and pretty good deals on the other two. The rest of the materials will be provided.