Michigan Psychoanalytic Council
SPRING 2012

Course:          THE PSYCHOANALYTIC PROCESS - *WORKING THROUGH*

*10 weeks: Wednesdays, February 15 – April 18, 2012, 9:30AM-11:00AM*

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This course will explore various theoretical perspectives in relation to the concept of working through. Conflict, structural, developmental, object relational, self psychological and neuropsychoanalytic perspectives may be examined. .The contribution of these varying perspectives to psychoanalytic technique will be explored.   Participants will be encouraged to present illustrative clinical examples from their own practice.

**Week 1          Origin & History of Concept**

Freud, S. (1914). Remembering, repeating, and working through., S.E. (Standard Edition), 12:147-156.
Brenner, C. (1987) Working through: 1914-1984. *Psychoanal. Q.*, 56: 88-108.
*Sedler, M.J. (1983). Freud's concept of working through., *Psychoanal. Q.*, 52:73-98.
*Stewart, W.A. (1963). An inquiry into the concept of working through., *JAPA.*, 11:474-499.

**Week 2 Theraputic Action & Working Through**

Loewald, H.(1960). On the theraputic action of pyschoanalysis., IJPA, 41:16-33
Chodorow, N. (2009). A different universe: reading Loewald through "On the Therapeutic Action of Psychoanalysis,",Psychoanalytic Quarterly 78: 983-1011.

**Week 3          Insight and Working Through**

Neubauer, P.B. (1979) The role of insight in psychoanalysis*. JAPA,* 24Supp:29-40.

*Blum, H. P. (1979)   The curative and creative aspects of insight. *JAPA*, 24 *Supp*.:41-70.

Poland, W. S. (1988)   Insight and the analytic dyad.,   *Psychoanal. Q.,* 57:341-369.

**Week 4          Dynamic & Structural Perspectives**

Brodsky, B. (1967). Working through: its widening scope and some aspects of its metapsychology. *Psychoanal. Q.*, 36:485-496.
Karush, A. (1967). Working through., *Psychoanalytic Quarterly*, 36:497-531.

**Week 5          Developmental Perspective**

Shane, M. (1979). Developmental approach to working through in the psychoanalytic process., *IJPA.*,60:375-382
Tenzer, A. (1984). Piaget and Psychoanalysis, II: - The problem of working through. *Contemp. Psychoanal.*, 20:421-436.
Mahon, M.D., Eugenen, J. (2004)   Playing and working through: A neglected analogy., *Psychoanalytic Quarterly.,* 2:379-413.

**Week 6          Cognitive Psychology & NeuroPsychoanalytic Perspectives**

*Gallatzer-Levy, R. M. (1988). On working through: a model from artificial Intelligence. JAPA, 36:125-151.
Pally, R. (2011) Frontline -   the brain's shared circuits of interpersonal understanding: implications for psychoanalysis and dynamic psychotherapy. *J. Amer. Acad. Psychoanal .*, 38:381-411.
Rosenblatt, A. (2004). Insight, working through, and practice: the role of procedural knowledge*. JAPA*, 52:189-207.

**Week 7        Relational & Self Psychological Perspectives**

Frank, K.A. (1993). Action, insight, and working through: An integrative approach., *Psychoanal. Dialogues*, 3:535-577.
Orstein, A. (1991). The dread to repeat: working through process in psychoanalysis., *JAPA.*, 39:377-398.

**Week 8          Trauma, Recostruction, Mourning & Working Through**

Blum, H.P. (1980). The value of reconstruction in adult psychoanalysis., *IJPA.*, 61:39-52.
*Blum, H.P. (1999). The reconstruction of reminiscence., *JAPA.*, 47:1125-1143
Sollars, F. R. (2004). Mourning, trauma, and working through. *Psychoanal. Rev.,* 91:201-219.

**Week 9          Working Through and Psychoanalytic Change**

Burland, J. A. (1997). The role of working through in bringing about psychoanalytic change. *IJPA*, 78:469-484.
Rangell, L. (1992) The psychoanalytic theory of change. *IJPA, 73:415-428.*

**Week 10        Working Through In the Analyst**

Jacobs, T. J. (2002) Impass and progress in analysis: some reflections on working through in the analyst and its role in the analytic process.  *J. Clin. Psychoanal.*, 11:295-319
Jacobs, T. J. (2011) Insights, epiphanies, and working through: on healing, self-healing, and creativity in the writer and the analyst. *Psychoanal. Q.*, 80:961-986.