

EGO PSYCHOLOGY

Course Syllabus

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Michigan Psychoanalytic Council

Winter 2011-2012

Week 1

- 1) Freud, S. (1923) The ego and the id. *Standard Edition* 19:3-68
- 2) Freud, S. (1926) Inhibitions, symptoms and anxiety. *Standard Edition* 20:77-178 (Read pp. 87-100)

Week 2

- 1) Freud, S. (1926) Inhibitions, symptoms and anxiety. *Standard Edition* 20:77-178 (Read pp.101-178)
- 2)(Commentary on Inhibitions, symptoms and anxiety): Schafer, R. (1983) Danger situations. In *The Analytic Attitude*, pp.96-112. New York: Basic Books

Week 3

- 1) Sterba, R. (1934) The fate of the ego in psychoanalytic therapy. *International Journal of Psychoanalysis* 15:117-12
- 2) Strachey, J. (1934) The Nature of the Therapeutic Action of Psycho-Analysis. *International Journal of Psychoanalysis*, 15:127-159

Week 4

- 1) Freud, A. (1936) *The Ego and the Mechanisms of Defense*. Parts I and II, pp.3-105. New York: International Universities Press

Week 5

- 1) Fenichel, O. (1941) *Problems of Psychoanalytic Technique*. New York: Psychoanalytic Quarterly. pp. 23-97

Week 6

- 1) Hartmann, H. (1951) Technical implications of ego psychology. In *Essays on Ego Psychology*, pp.142-154.
- 2) Kris, E. (1956) On Some Vicissitudes of Insight in Psycho-Analysis. *International Journal of Psychoanalysis*, 37:445-455

3) Loewenstein, R.M. (1950) Ego development and psychoanalytic technique. In *Practice and Precept in Psychoanalytic Technique: Selected Papers of R.M. Loewenstein*, pp. 30-39. New Haven, CT: Yale University Press, 1982.

4) Loewenstein, R.M. (1953) Some remarks on defenses, autonomous ego, and psychoanalytic technique. In *Practice and Precept in Psychoanalytic Technique: Selected Papers of R.M. Loewenstein*, pp.40-51

Week 7

1) Jacobson, E. (1954) The Self and the Object World – Vicissitudes of their Infantile Cathexes and their Influence on Ideational and Affective Development. *The Psychoanalytic Study of the Child*, 9:75-127

2) Rapaport, D. (1957) The theory of ego autonomy: a generalization. In *The Collected Papers of David Rapaport*, pp. 722-744

Week 8

1) Arlow, J. (1963) Conflict, Regression and Symptom Formation, *International Journal of Psychoanalysis*: 44:12-22

2) Brenner, C. (1982) Compromise Formation. In *The Mind In Conflict*, pp. 109-117 and 213-253

Week 9

1) Gray, P. (1982). “Developmental lag” in the evolution of technique. In *The Ego and Analysis of Defense*, pp. 29-61. Northvale, NJ: Aronson, 1994

2) Gray, P. (1986) On helping analysands observe intrapsychic activity. In *The Ego and Analysis of Defense*, pp.65-85

3) Busch, F. (1999) A diminished role for the ego. In *Rethinking Clinical Technique*, pp.19-50. Northvale, NJ: Jason Aronson

Week 10

1) Blum, H. (1979) Curative and Creative Aspects of Insight, *Journal of the American Psychoanalytic Association*, 27:41-70

2) Poland, W. (1988) Insight and the Analytic Dyad. *The Psychoanalytic Quarterly*, 57:341-369

3) Jacobs, T. (2002) Once More with Feeling: On Working Through in the Analyst and Its Role in the Analytic Process. *Psychoanalytic Inquiry*, 22:599-616