

## Developments in Object Relations Syllabus

Instructor: Peter Wood, LMSW

East Lansing, Mondays, November 22- 2010-January 31, 2010

Each week in this course will focus on an object relations theorist, normally looking at one or two seminal papers by that theorist, and providing an historical overview for that person's contributions to the understanding and development of object relations as a psychoanalytic approach.

1. Ogden, T. (2002) "The Concept of Internal Object Relations."
2. Ogden, T. *Matrix of the Mind*. Chapters 3, 4
3. Kernberg, Chapters 1, 2
4. Kernberg, Chapters 7, 8
5. Sandler & Sandler "On the Development of Object Relationships and Affects", "On Internal Object Relations"
6. Bollas - *Shadow of the Object*: Chapters 1, 3, 13
7. *Hysteria*, Chapter 1. *Cracking Up* (1998) Chapter 7: "The Structure of Evil"
8. Andre Green - The Dead Mother; Bollas. Dead Mother, Dead Child; Modell: The Dead Mother syndrome
9. Self psychology and object relations – "Notes on the Relationship between Self Psychology and Object Relations theory"; "Why Self Psychology is not an Object Relations Theory."
10. Schore, A. *Affect Regulation*, Chapters 2, 3.
11. Mitchell, S. Object Relations theories and the Developmental Tilt; Blum, H.P. (2010) Object Relations in Contemporary Psychoanalysis: contrasting views. *Contemporary Psychoanalysis*. 46:32-47

## Bibliography

I recommend you buy the books marked with an asterisk. Journal articles will be provided.

Bacal, HA (1981) Notes on the Relationship between Self Psychology and Object Relations Theory. *Progress in Self Psychology*. 7:36-44

Bollas, C. (1999) Dead mother, dead child. . In \*Kohon, G. (ed.) *The Dead Mother: the work of Andre Green*. NY: Routledge.

\*Bollas, C. (1987) *The Shadow of the Object*. NY: Columbia University Press

Bollas, C. (2000) *Hysteria* NY: Routledge.

\*Kernberg, O. (1994) *Object Relations Theory and Clinical Psychoanalysis*. NJ: Jason Aronson.

Green, A. (1997) The Dead Mother. In *On Private Madness*. NY: Karnac Classics

Modell, A. (1999) The Dead Mother Syndrome and the reconstruction of trauma. In Kohon, G. (ed.) *The Dead Mother: the work of Andre Green*. NY: Routledge.

Mitchell, S. (1984) Object Relations and the Developmental Tilt. *Contemporary Psychoanalysis*. 20: 473-499.

Ogden, T. (1983) The Concept of Internal Object Relations. *Int. J. Psycho-Anal.* 64: 227-241

- \*Ogden, T. (1986) *The Matrix of the Mind*. NJ: Jason Aronson. Chapters 3, 4.
- Ornstein, PH (1991) Why Self Psychology is not an Object Relations Theory. *Progress in Self Psychology*. 7:17-29.
- Sandler, J. (1990) On Internal Object Relations. *JAPA*, 38: 859-879.
- Sandler, A, and Sandler, J. (1978) On the Development of Object Relationships and Affects. *Int. J. Psychoanalysis*. 59: 285-296
- \*Schoore, A. (2003) *Affect Regulation and the Repair of the Self*. NY. WW Norton