

BEGINNING PHASE OF ANALYSIS

MPC - Fall 2010

Elizabeth Waies, PsyD

East Lansing

Week One, Sept. 13

Reading: Part One in PRINCIPLES OF INTENSIVE PSYCHOTHERAPY, F. Fromm-Reichmann, MD, 1950, U of Chicago Press, pp. 3-42.

Week Two, September 20

Reading: PRINCIPLES OF INTENSIVE PSYCHOTHERAPY, F. Fromm-Reichmann, MD Pp. 45-70, 182-187

Week Three, September 27

Reading: THERAPY AND TECHNIQUE, S. Freud

To be assigned

Week Four, October 4

Reading: THERAPY AND TECHNIQUE, S. Freud

To be assigned

Week Five, October

Reading: "The Relationship between Case Formulation and Psychotherapy" and "Orientation to Interviewing", N. McWilliams, 1999, PSYCHOANALYTIC CASE FORMULATION, Guilford Press, pp. 9-47.

Week Six, October 11

Reading: "Assessing what cannot be changed", N. McWilliams, 1999, PSYCHOANALYTIC CASE FORMULATION, Guilford Press, pp. 48-64.

"Analyzability or the Ability to Analyze", B. Karon, 2002 in CONTEMPORARY PSYCHOANALYSIS, 38, 121-140.

"The Efficacy of Psychodynamic Psychotherapy," J. Shedler, AMERICAN PSYCHOLOGIST (2010), Feb-March, pages 98-109.

Week Seven, October 18

Reading: "Relaxation of the Analyst", R. Sterba. 1987 in RICHARD STERBA: THE COLLECTED PAPERS. 137-148.

"The Healing Relationship", J. Herman. 1992 in TRAUMA and RECOVERY, Basic Books. 133-154.

Week Eight, October 25

Reading: INFANT RESEARCH AND ADULT TREATMENT, B. Beebe and F. Lachmann. 2002. The Analytic Press. Pages 143-207.

Week Nine Nov. 1

“The Influence of psychodynamically oriented therapists’ attachment representations on outcome and alliance in inpatient psychotherapy”, H.Schaenburg, et al. (2010), PSYCHOTHERAPY RESEARCH, March, 20(2), 193-202.

“Skin Color and the Therapeutic Relationship,” U. Tummala-Narra. 2007, PSYCHOANALYTIC PSYCHOLOGY, 24(2), 255-270.

“Psychotherapeutic Technique and the Economically Poor Patient”, B. Karon and G. Vandenbos, 1977, in PSYCHOTHERAPY: Theory, Research and Practice, 14, Summer, 169-180.

Week Ten Nov. 8 Wrap-up

“Omnipotent Insistence and an Unusual Outcome of a Traumatized Patient”, E. Waiss (2010). To be published by ISPS 2010-11.

“Body Position and the Free Recall of Early Memories”, E. Berdach and P. Bakan, 1967, PSYCHOTHERAPY: Theory, Research and Practice, 4 (3), pp. 101-102.

Recommended reading:

Jackson, G. (2005). Rethinking Psychiatric Drugs: A Guide to Informed Consent. AuthorHouse.

Whitaker, R. (2010). Anatomy of an Epidemic. NY: Crown Publishers.