

Fundamentals of Object Relations Syllabus

Instructor: Peter Wood, LMSW

East Lansing, Mondays, Sept 13-November 8, 2010

Each week in this course will focus on an object relations theorist, normally looking at one or two seminal papers by that theorist, and providing an historical overview for that person's contributions to the understanding and development of object relations as a psychoanalytic approach.

1. Freud - Mourning and Melancholia, The Ego and the Id, Pt. III, "The Ego and the Super-ego"
2. Klein – Notes on Schizoid Mechanisms, Manic-Depressive States
3. Klein –Envy and Gratitude
4. Fairbairn – Chapters 1, 3,
5. Fairbairn - Chapter 7, Summers Chapter 2, Celani, Chapter 7
6. Guntrip – Summers Chapter 2, Guntrip, Chapters 1, 2
7. Winnicott – Winnicott, "Transitional Object," "Capacity to be Alone" "Use of an Object", "The Place Where We Live"
8. Winnicott – "Ego Distortion in terms of True and False Self", "Fear of Breakdown" Summers, Chapter 4
9. Balint – *Basic Fault* ((Parts 1, 2, 3)
10. Summers, Chapter 8 , "An Object Relations Paradigm for Psychoanalysis." Sutherland, "The British Object Relations Theorists"

1. Freud, S. (1917) "Mourning and Melancholia" (1923) "The Ego and the Id, Pt. III"

2. Klein, M. (1957) Envy and Gratitude

Klein, M. (1946) Notes on some Schizoid Mechanisms.

Klein, M (1935) A Contribution on the Psychogenesis of Manic Depressive States

3. D. W. Winnicott,

"Transitional Objects and Transitional Phenomena" (1951)

"The Capacity to be Alone" (1958)

"The Use of an Object and Relating through Identifications" (1969)

"Ego Distortion in terms of True and False Self",

"Fear of Breakdown" (1974)

"The Place Where we Live" (in *Playing and Reality*, on web PEP)

4. Celani, D. (2010) Fairbairn's Object Relations Theory in the Clinical Setting. NY: Columbia University Press.

5. W.R.D. Fairbairn, (1952) Psychoanalytic Studies of the Personality

Chapter 1: "Schizoid Factors in the Personality" (1940)

Chapter 3: "The Repression and the Return of Bad Objects" (1943)

Chapter 7: "A Synopsis of the Development of the Authors Views Regarding the Structure of the Personality" (1951)

6. Guntrip, H. (1976) Schizoid Phenomena, Object Relations and the Self (Chap 1,2)

7. Balint, M. (1969) The Basic Fault

8. Sutherland, J. (1980) *The British Object Relations Theorists: Balint, Winnicott, Fairbairn, Guntrip.*

9. Summers, F. (1994) *Object Relations Theories and Psychopathology – a comprehensive text.* NJ: The Analytic Press.

The following are available on PEP web:

Freud: Mourning and Melancholia, Ego and the Id

Klein – Notes on Schizoid Mechanisms, Manic-Depressive States, Envy and Gratitude

Fairbairn – Chapters 1, 3, 7

Winnicott – all papers

Sutherland