

## **Psychoanalytic Relationship**

MPC Course Oct 5-Dec 10, 2009

Instructor: Peter Wood, LMSW

This course serves as an introduction to and overview of important issues in the psychoanalytic relationship. The course includes an historical survey of views of the nature of the psychoanalytic relationship; it explores such concepts as abstinence, neutrality, self-disclosure, treatment alliance, transference, countertransference, one-person and two-person psychologies, and enactment.

Much of the material in this course is to be found in *Classics in Psychoanalytic Technique*, ed. Robert Langs, 1981, NY: Jason Aronson. It is available used at about \$30, and is a must for your psychoanalytic library. Starred items are recommended, but we are unlikely to have time to take them up in class discussion.

### **Historical overview; the “frame”**

Advice to Physicians – Freud (Langs, Chap 38)

Wallerstein, R. (1999) *A Half-Century Perspective on Psychoanalysis and Psychotherapy*. In *Psychoanalysis on the Move: The Work of Joseph Sandler*. NY: Routledge.

The Therapeutic Relationship and Deviations in Technique (Langs, Chap 42).

\* Abend, S. (2007) Therapeutic action in modern conflict theory. *Psy Q.* 76:1417-1442.

### **Treatment alliance, corrective emotional experience**

Loewald, H.W. (1960). On the Therapeutic Action of Psycho-Analysis. *Int. J. Psycho-Anal.*, 41:16-33.

The Therapeutic and Working Alliances – Kanzer (Langs, Chap 30)

Friedman, L. (1969). The Therapeutic Alliance. *Int. J. Psycho-Anal.*, 50:139-153.

[Wallerstein, R. \(1990\). \*The Corrective Emotional Experience: Is Reconsideration Due?\*](#)

*Psychoanalytic Inquiry*, [10](#):288-324

\* [Jacobs, T. \(1990\). \*The Corrective Emotional Experience — Its Place in Current Technique\*](#). *Psychoanalytic Inquiry*, [10](#):433-454

### **Empathy and Modes of Listening**

Ogden, T. (1994). The Analytic Third: Working with Intersubjective Clinical Facts. *Int. J. Psycho-Anal.*, 75:3-19.

Fantasy and Identification in Empathy – Beres and Arlow (Langs, Chap 23)

Teicholz, J.G. (2000). Chapter 3 The Analyst's Empathy, Subjectivity, and Authenticity: affect as the common denominator. *Progress in Self Psychology*, 16:33-53.

Aron, L. (1992). Interpretation as Expression of the Analyst's Subjectivity. *Psychoanal. Dial.*, 2:475-507.

\*Klein, D. (2006) Four Modes of Listening. *MPC Bulletin*. 2: 33-61

## **Transference**

The Dynamics of Transference - Freud (Langs, Chap 1)

The Role of Transference - Greenacre (Langs, Chap 3)

The Analysis of Transference - Gill (Langs, Chap 7)

Blum, H.P. (1982). The Transference in Psychoanalysis and in Psychotherapy: Points of View Past and Present, Inside and Outside the Transference. *Ann. Psychoanal.*, 10:117-137.

\*Wallerstein, R. (1984) The Analysis of Transference: A Matter of Emphasis or of Theory Reformulation? *Psychoanalytic Inquiry*. 4:325-354.

## **Countertransference**

On Counter-transference - A Reich (Langs, Chap 13)

On Counter-transference - Heimann (Langs, Chap 11)

The Meaning and Uses of Countertransference - Racker (Langs, Chap 15)

Countertransference and Role Responsiveness – Sandler (Langs, Chap 23)

Relationship Issues in Working with Children

TBA

## **The “Real Relationship”**

The Real Relationship Between the Patient and the Psychoanalyst – Greenson (Langs, Chap 8)

Stern, D., et al. (1998) Non –Interpretive Mechanisms in Psychoanalytic Therapy: the “something more” than interpretation. *Int. J. Psycho-Anal.*, 79:903-921.

Greenson, R.R., Wexler, M. (1969). The Non-Transference Relationship in the Psychoanalytic Situation. *Int. J. Psycho-Anal.*, 50:27-39.

\* The Patient as Therapist to His Analyst – Searles (Langs, Chap 10)

\* Symington, N. (1983) The Analyst's Act of Freedom as Agent of Therapeutic Change. *International Review of Psychoanalysis* 10:283-291.

### **Self disclosure**

Greenberg, J. (1995). Self-disclosure: Is It Psychoanalytic?. *Contemp. Psychoanal.*, 31:193.  
Aron, L. (1996) On Knowing and Being Known. In *A Meeting of Minds*, (Chapter 8). Hillsdale, NJ: The Analytic Press  
Renik, O. (1993). Analytic Interaction: Conceptualizing Technique in Light of the Analyst's Irreducible Subjectivity. *Psychoanal Q.*, 62:553-571.

\*Renik, O. (1995). The Ideal of The Anonymous Analyst And The Problem Of Self-Disclosure. *Psychoanal Q.*, 64:466-495.

### **Enactment**

Black, M.J. (2003). Enactment: Analytic Musings on Energy, Language, and Personal Growth. *Psychoanal. Dial.*, 13:633-655.  
Chused, J.F. (1991). The Evocative Power of Enactments. *J. Amer. Psychoanal. Assn.*, 39:615-639.  
Jacobs, T.J. (2001). On Misreading and Misleading Patients: Some Reflections on Communications, Miscommunications, and Transference Enactments. *Int. J. Psycho-Anal.*, 82:653-669.  
Schafer, R. (1999). Some Reflections on the Concept of Enactment. In *Psychoanalysis on the Move: The Work of Joseph Sandler*. NY: Routledge.

\*Anderson, M. (1999). The Pressure Toward Enactment and the Hatred of Reality. *JAPA*. 47:503-513.

\*Bateman, A. (1998). Thick- and Thin-Skinned Organisations and Enactment in Borderline and Narcissistic Disorders. *Int. J. Psycho-Anal.*, 79:13-28

### **The analyst's relationship to theory**

Lear, J. (2003) Chapter 1: Subjectivity, Objectivity and Irony in Therapeutic Action: an earnest plea for irony. NY: Other Press.  
Michels, R. (1999). Psychoanalysts' Theories. In *Psychoanalysis on the Move: The Work of Joseph Sandler*. NY: Routledge.  
IARPP – 2008 on-line colloquium on therapeutic action in relational work – Article by Mitchell, commentary by many.

\* Friedman, L. (2006). What is Psychoanalysis?. *Psychoanal Q.*, 75:689-713.

- \* Aron, L. (1990) [One Person and Two Person Psychologies and the Method of Psychoanalysis](#).  
Psychoanalytic Psychology, [7](#):475-485
- \* Ghent, E. (1989). Credo—The Dialectics of One-Person and Two-Person Psychologies  
Contemporary Psychoanalysis, [25](#):169-211