

NEWSLETTER



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FROM OUR PRESIDENT

David Klein

It is a pleasure and an honor to assume the position of president of the Michigan Psychoanalytic Council. Our organization represents dedicated mental health professionals (approximately 100 members) who endeavor to continue their professional development, as well as share expertise with other mental health professionals in the community.

This term of office will be my second tenure as MPC president. We face a different landscape, with difficult challenges, compared to 2005, when I first became president.

What is my vision for MPC in 2013? I hope we can ‘grow’ our organization, in terms of increased participation by our membership, and increased ‘in-gathering’ of practitioners from the community. Through these efforts, we benefit ourselves and other professionals -- as well as patients throughout Michigan who benefit from enhanced levels of therapeutic expertise.

How can we move toward this goal? Ed Gibeau, a former MPC president, once envisioned MPC as consisting of concentric circles: perhaps the Board in the center; the second circle

consisting of members who engage in activities such as teaching, attending meetings, committee work, supervising and analyzing, taking courses, working toward certification; in the third circle the members who aren’t currently participating actively (although may stay abreast through reading the Newsletter, Bulletin, and program notices); and finally the largest circle being the community of mental health practitioners, who are outside MPC – at least for now.

To ‘grow’ MPC, we aim to move people further into the inner circles. To facilitate this goal, I would like to institute the following programs:

- 1) Rebuild the Professional and Community Development Program (PCD). This component allowed members to create innovative mini-courses to offer to the community.
- 2) Create a program of low-fee supervision and mentorship to community practitioners.

The above programs have the advantage of creating close working relationships between people, which is an effective way to increase engagement and bring people into the organization.

I look forward to other important organizational initiatives in the coming years as well. There is a

great deal of interest in seeking accreditation, and this is being explored. Our Treasurer, Michael Rudy, is pursuing the possibility of obtaining IRS tax status that will allow tax-free bequests to MPC. I hope we can re-consider the idea of an effective Recruitment Director. No doubt there will be other creative ideas. Our most recent president, Beth Waiss has commented that MPC is turning 25 years old and that this is noteworthy longevity for a volunteer organization. Personally, MPC has meant a tremendous amount to me in my career, and I would like to thank Beth as well as all others in MPC who have contributed to our organization’s continuing existence and vitality. I look forward to the future.



David Klein, Ph. D.

WHAT’S THE TO-DO ABOUT ACCREDITATION?

Peter Wood

The idea of accreditation of our organization has been kicking around for a couple of years as the MPC board has looked at future directions for our development. How do we increase our vitality as an organization, meet the many challenges present in the current culture, and attract candidates to our training program? We used this idea of accreditation as a stepping off point to organize our tri-annual retreat, held for the purpose of self-study, to examine this notion.

The original idea for accreditation began at the Spring meeting of Division 39 in Santa Fe, where candidate Ralph Hutchison made inquiries about the accreditation process. He brought back a

proposal to the Board which authorized the formation of an Accreditation Committee. The original Committee evolved into a working group composed of Ralph Hutchison, Sonya Freiband, Karen Baker, Ivan Sherick, Murray Meisels and Peter Wood, all of whose work was incorporated into the design of this year’s MPC Self Study Retreat.

The working group quickly found that some of the self-study questions suggested valuable changes that could be made to MPC’s policies and procedures. In addition, they found valuable and intriguing questions raised about training and about MPC structure. Some of these questions touch on MPC’s sense of itself, its identity. Exploration of these questions formed the center of this year’s retreat.

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MEMBERSHIP NEWS AND NOTES

Ivan Sherick, Ph.D., reports *The Psychoanalytic Review* has accepted for publication :

- 1) “Hysterical identification in an eleven year old girl” and
- 2) [with Ms. Lorrie Chopra] “Conversion from child psychotherapy to child analysis.”

Welcome, Dr. Ivan Sherick, newly certified psychoanalyst at the MPC! Dr. Sherick has resided in Ann Arbor since 1971 moving here after completing his child/

adolescent psychoanalytic training at the Hampstead Clinic in London under the leadership of Miss Anna Freud. He then completed training in adult psychoanalysis at the Michigan Psychoanalytic Institute, where he is a Supervising Child/Adolescent Analyst. He is certified in child/adolescent and adult psychoanalysis. He received his Ph.D. in clinical psychology from Washington University in St. Louis. He has practiced psychoanalysis and

psychotherapy in Ann Arbor since 1971. He has an affiliation with the Department of Psychiatry at University of Michigan, supervising Residents in dynamic psychotherapy with adults and has had a past affiliation with the Department of Psychology at UM supervising post-docs at the Psychological Clinic. Dr. Sherick received his certificate at the Retreat on June 2.

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THE JUNE RETREAT

Cynthia Hockett

The MPC Triennial Retreat was held on June 1 at the University Club in East Lansing. The theme of this retreat was MPC Evolving: Transformation in Changing Times. The day long meeting was followed by the annual banquet.

A retreat is held every three years as a time for MPC members to reflect upon the organization's accomplishments during the past three years and to consider direction and goals for the upcoming three years. This year's retreat was especially timely since it came at a time of upheaval and uncertainty in mental health care nationally, and with concerns about how to invigorate our own training program.

The focus of the day-long meeting was on the self-study which had been drafted during the past year by a committee appointed to explore the possibility of MPC seeking accreditation by a national organization. This in-depth self-study covered areas pertaining to the selection and training of candidates, ethics, and faculty development and status. There was lively and spirited discussion throughout the day, which concluded with a consensus of those attending that it would be desirable for MPC to continue exploring the possibility of applying for accreditation. Many of the participants commented on the enthusiasm that seemed to be generated and to grow over the course of the day, and on the collegiality and productive dialogue that propelled the discussion forward.

The annual banquet featured Mediterranean food and relaxed collegiality at the home of Marybeth Atwell. It was a wonderful venue for expressing out gratitude to the outgoing officers and Board members, and the faculty and supervisors who have served during the past year. We also held the biennial 'passing of the gavel' from outgoing President Elizabeth Waess to President-Elect David Klein. Ivan Sherick was welcomed to MPC and awarded certification as a Child and Adult Analyst.

The evening concluded with a raffle featuring a week at a timeshare in Puerto Vallarta, most generously donated by Peter Wood and Merry Stanford. Ivan Sherick was the happy winner of this prize.

We extend many thanks to the members of the Retreat Committee, who worked diligently to create a very constructive and pleasurable experience: Marybeth Atwell, Chair; Sonya Freiband, Peter Wood, and Cynthia Hockett. We would also like to thank Phil Reed and Julie and David Bernstein for all of their help with the delicious and elegant dinner.

"...respondents [to a survey of analysts conducted within Division 39] overwhelmingly reported that psychoanalytic training was the single best professional activity that helped them to build their practices! And the single best thing they would advise for others to build their practices was psychoanalytic training! This in spite of the fact that they were actually seeing the vast majority of their patients once per week -- whether we call it psychoanalytic psychotherapy of psychoanalysis."

from from Lewis Aron and Karen Starr's book *A Psychotherapy for the People* (p.372):

ANOTHER FINE YEAR FOR THOSE IN THE PSYCHOANALYTIC TRAINING PROGRAM

David Freiband, Candidate

During the last year MPC has provided candidates with many opportunities for which they are grateful. Several courses ran successfully. In the fall, Peter Wood taught "Psychoanalytic Relationship," and Lynne Tenbusch taught "Progression of Psychoanalytic Thought." Peg Sweet taught "Attachment Theory and Psychotherapy" in East Lansing. Peter Wood and Marilyn Frye taught "Ethics" this spring, which drew approximately 15 participants. This spring, Lynne Tenbusch taught "Philosophic Underpinnings of Psychoanalysis".

In addition to sponsoring these courses, the Training and Certification Committee has

continued its stellar work on behalf of candidates in other ways. They sponsored two candidate forums, one in East Lansing and the other in Ann Arbor, both of which were enjoyable and energizing experiences. They have also been planning for the future. Members of this committee have included: Sonya Freiband (V.P. for Certification), Rebecca Hatton, Maria Slowiaczek, Cynthia Hockett (Candidate Representative), Brenda Lovegrove-Lepisto, & Peter Wood (Training Director).

The candidates also wish to extend their gratitude to those analysts who have supervised them during the past year.

A PROGRESS REPORT ON MPC'S FINANCIAL CONDITION

Michael Rudy

The 2012-2013 year was challenging for MPC from a financial perspective. Our fiscal year started off with reduced revenue due to the cancellation of our Fall conference after the initial investment in its planning. Dr. Paul Wachtel, the renowned New York analyst who's built a reputation for integrating various trends in contemporary psychoanalysis, had to cancel for health reasons. [Editor's note: this conference has been rescheduled for this fall.] Additionally, revenue from the courses that MPC offers was down. There were a variety of reasons for this, the primary one

being the graduation of the number of psychoanalytic candidates not replaced with new candidates.

The question of reduced numbers of candidates was the focus of a plenary address at the American Psychoanalytic Association's winter meeting in New York City, where we learned that throughout the profession there has been a shrinking pool of individuals seeking to become psychoanalysts. And while this is "the new normal" in American psychoanalysis, it appears as if psychoanalytic thinking and theorizing is alive and well in many academic departments in

colleges and universities across the country.

Also, if we look into our larger culture, we see a number of movies and television shows built around psychoanalytic ideas. With the recent role of James Gandolfini, the central idea of his seeing a psychotherapist became a by-word at water coolers around the country.

It was in the spirit of the recognizing the importance and vitality of psychoanalysis that the MPC Board met in retreat recently. Our finances were reviewed with graphs depicting
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MPC ANALYSTS LAUNCH A RELATIONAL PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

Peter Wood, Maria Slowiaczek, Julia Davies, and Jane Hassinger

Three MPC analysts are launching a year-long training program in Relational Psychoanalytic Psychotherapy in September, 2013. This new venture on the part of MPC reflects, as the course instructors say, a shift “from a one-person intrapsychic conflict model to a two-person model in which self/identity, conflict, desire, and personal growth are understood to develop in the context of relationships and the social world.”

Julia Davies studied for her PhD from Adelphi University at a time when her program was steeped in object relations thinking. Object relations provided one of the theoretical foundations for the “relational turn” in psychoanalysis. In her early work in developmental psychology, Julia was especially impressed with Jerome Kagan’s observations about “the deep relational embeddedness of the mother-child relationship, and the parallels between this early relationship and the process of emotional growth within the patient-therapist relationship.”

Before becoming a clinical psychologist, **Maria Slowiaczek** pursued doctoral work in cognitive

psychology, focusing on speech and prosody. She later pursued a clinical focus at NYU, where relational theorizing was in its early development. An interest in self psychology, inspired by her analyst and her supervisors, fit well with her work with Beatrice Beebe. Her early focus on attunement to unspoken emotions carried by the tone of voice and other dimensions of non-verbal communication remains a significant part of Maria’s work with patients and supervisees. “Listening for tone is implicitly woven into the fabric of relational work,” she says. “Self Psychology focuses on empathic attunement and implicit aspects of relational communication. That fits really well with my interest in prosody, an old love from my work as a psycholinguist/cognitive psychologist.”

Jane Hassinger’s early training was heavily influenced by Sullivan and the interpersonalists and later feminist psychoanalytic writers such as Juliet Mitchell, Nancy Chodorow, Janet Flax, Jessica Benjamin, and others. As an undergraduate, she was trained as a facilitator in group analytic methods developed at the National Training Lab, Tavistock and the AK Rice Institute. Her individual clinical work was highly influenced by Rogers, Karen Horney, and Fromm and the early object relations theorists such as Fairbairn, Winnicott and others. (Continued on Page 13)

The Michigan Psychoanalytic Council (MPC) was formed in 1988 as an organization dedicated to the study of classical and contemporary psychoanalytic concepts, and to the training of psychoanalysts and psychoanalytically oriented psychotherapists. Founding members were interested in creating an organization that would run on egalitarian and gender sensitive principles. The formal training program offers certification in Adult and Child Psychoanalysis to qualified individuals, as well as in Psychoanalytic Psychotherapy. MPC also offers regular scientific meetings and other programs for professionals in psychology, psychiatry, social work, and related fields. Courses are offered in Ann Arbor, East Lansing, Metro Detroit, and Grand Rapids.

In remembrance...

LOSSES IN THE MPC COMMUNITY

It is with great sadness that we report the death of **Carol Austad, M.D.**. She died on July 4, 2013, from complications due to lymphoma. Carol graduated from the University of Michigan Medical School, and completed her Child and Adult Psychiatry Residencies at Michigan University. Adult and Child psychoanalytic training was completed at the Michigan Psychoanalytic Institute. For several years she was a member of the Child Analytic Study Program in the Department of Child Psychiatry at the University of Michigan. She was a faculty member of the Michigan Psychoanalytic Institute and was very active in its child analysis program. Dr. Austad practiced clinically in Ann Arbor, Michigan, throughout her professional career. She was a founding member of Allen Creek Preschool, an award winning preschool in Ann Arbor. Because of the importance she placed on early childhood development, she maintained her involvement at Allen Creek Preschool and served in many different capacities over the years. Most recently, Dr. Austad chaired the Committee on Child and Adolescent Psychoanalysis (COCAP) of the APsaA. In her non-professional life she loved to garden, play with her dog and cat, and to horseback ride, a lifelong interest. Dr. Austad is survived by her husband, Dr Eric Austad, her daughter, and twin grandchildren. Her family suggests that if people wish they can donate something in her name to the Allen Creek Preschool (2350 Miller Ave, Ann Arbor, Mi 48103). She will be missed by all who knew her.

Ivan Sherick, Ph.D

It is with regret that I inform you that **Janet Robinson, Ph.D.**, died July 20, 2013. Janet has for many years been a pillar of our organization, a generous supporter of MPC with her time and energy as Vice President for Education and Training, Membership Chair, teacher, analyst, supervisor, and a steady hand in times of difficulty. She was always willing to be helpful and share her knowledge with us. Janet also had a lovely wit and shared many wonderful stories of her travels with Joy Hargrove, her best friend of 40 years, through Africa, Europe, Alaska (the bear that could open the door to the hotel), and Antarctica. I remember walks and talks along the beaches at MPC retreats, sometimes dodging the alewives which insisted on sharing the beach with us. As we mourn her passing let us send our condolences to Joy Hargrove, to Janet's siblings and their families, and to her friends and colleagues at Saginaw Valley State University where she was professor emeritus and taught for over 40 years.

Ruth Rosenthal, Ph.D.

What’s The To Do About Accreditation

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- What is the best balance between self-evaluation and evaluation provided by supervisors and instructors? This leads to an interesting question of what analytic training is supposed to mean – is the role of MPC to attest to an analyst’s competence, or is the more appropriate role to attest to the candidates having fulfilled training requirements?
- Ought MPC have a distinct category of “Faculty analysts” who can be identified through objectively verifiable criteria? Ought these be the ones normally authorized, through their Faculty status, to teach, analyze and supervise candidates?
- Can MPC reasonably impose certain requirements on candidates even after they have been certified? For example, can the Training Committee require that a

candidate see a control case through to termination, and provide evidence of that completion, even after receiving certification?

- Many, if not most psychoanalytic institutes have a rule that analysts may not analyze, teach or supervise candidates for at least five years following certification. The aim is to give them time to find their analytic ground, consolidate their identities as analysts and get about the business of participating in their analytic communities. MPC has no such rule. Why doesn’t it? Ought it to?

Lively and candid discussion of these questions at the retreat led to some broad conclusions:

There was great interest in “competencies” as a guide to self-evaluation and to external evaluation of candidates. Lists of skills and knowledge in psychoanalytic practice (“competencies”) were assembled by Dr. Sherick as suggested guides to evaluating candidate progress.

MPC people prefer the word “guideline” to the word “rule.” For example, they preferred a “Five year guideline” to a five year rule, and suggested a guideline or expectation rather than a rule that candidates see a control case through a supervised termination.

Finally, the idea of accreditation was of real interest to attendees at the retreat, and it led to the following motion, which was approved at the next day’s MPC Board meeting: “The MPC Accreditation Committee will engage with the accreditation process, producing a draft application document, to explore whether MPC can reach agreement with ACPE (Accreditation Council for Psychoanalytic Education, Inc.) on accreditation standards.”

It remains to be seen whether MPC will actually go through the accreditation process, and, if so, which accrediting body it will choose. Whatever the outcome, using accreditation self-study questions has been fruitful, and is likely to lead to valuable changes within our group.

TEA AND VISITORS

Lynne G. Tenbusch

Lying upright on the couch, she sips her morning tea, gazes through the expanse of window toward the pond. Pachelbel, her six year old great Dane lies quietly beside her, his bulk providing a furry blanket of warmth along the length of her lower body. She looks down at him, feels a familiar wash of love and gratitude.

She touches his head lets her fingers linger relishes the companionship.

Pachelbel responds with an affectionate nudge. She turns back to the pond. His head follows her gaze. She counts twenty two wild turkeys prancing around the acreage in their awkward goose-step.

One male, fully fanned out and in strut dances to court six observing females.

Bright red waddle bobbing and swaying, he exhibits himself in full glory revealing no signs of the self consciousness haunting humans.

A separate female moves in and out of the male's dance arena offering herself for inspection.

Five other males, not in strut, stand at a distance with seven more females. They peck and groom, move a few inches for more pecking and grooming, turn a bit, peck and groom.

Suddenly a female takes flight signaling the flock. Forty four flapping wings fill the horizon. The woman catches her breath, touches Pachelbel, and relaxes. She enjoys another drink of tea.

They settle back in camaraderie. Without warning, Pachelbel jerks his head back toward the pasture. The woman's eyes follow and settle on what appears to be three adolescent deer.

Their movement suggests a struggle while they fill space left by the departed turkeys. The woman tightens, reaches for binoculars, then loosens as she identifies three button bucks running around like puppies.

They romp and butt heads with barely developed equipment. Small fuzzy 'buttons' mark the spots where their racks will grow next year.

The woman settles back to enjoy the fawns' ritual practice for dominance in the mating game.

She reaches down to caress Pachelbel, speaks to him of her pleasure. He groans in testimony to his own.

Swirls of movement to her left pull the woman out of her reverie. She turns to capture a fuller view.

Two doe and their three fawns munch on apples under a tree, just fifteen feet from the house.

She recognizes the babies, two of which are twins. She had come upon them in the bushes right after their birth when the mom was away searching for food. These babies still sport their spots over soft beige fur. (Continued on Page 10)

TEA AND VISITORS

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The woman instinctively places a hand on her dog, urging immobility. She holds her breath hoping not to alarm the visitors. But one mother caught the motion of the woman's turn. The doe began stomping her left hoof, signaling danger.

The woman collects her excitement into a quiet body, trying not to trigger her wild friends into escape. They go back to eating apples

She exhales, leans into her dog's affection, turns down to stroke

him again. Turning back to the pond, she finds the south shore punctuated with a statement of regal elegance – a Blue Heron maintains the stillness of a statue while waiting for his prey. The backdrop of morning sun perfectly reflects his outline on the water; a long slender neck reaching up to meet an elongated head and protruding beak.

The woman inhales the scene, letting it course through her body. Excitement strains against her ribs: yet she is peacefully aware of the gift before her and beside her.

The MPC Newsletter: All material for The MPC Newsletter should be submitted as follows: (a) through an attachment in email as a Microsoft Word or Pages document, or (b) as text in an email.

The Editors reserve the right to edit material submitted for purposes of clarity and length, in consultation with the writers.

*The Editors and the MPC Board of Directors retain the absolute right to accept or refuse to publish any material submitted to **The MPC Newsletter**. Publication in no way implies MPC's*

endorsement of or agreement with the published material.

Advertising: Full Page \$300; Half page \$225
Quarter page \$95

Per Line: \$7 per 50 character line (including all characters, spaces, punctuation, etc.), 2 line minimum.

Letters to the Editor: up to 300 words long and may be edited for brevity.

Submit materials, articles, or advertisements to:
Barbara L. Gamble, MS
734-646-6406, BarbaraLGamble@gmail.com

MEMBERSHIP NEWS AND NOTES

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Jack and Kerry Novick

Jack and Kerry Novick have had a very busy year of presentations. They gave a plenary presentation on "Pretermination" for the Freudian Study Group annual conference in London, and were the speakers for a two-day conference on working with severely disturbed adolescents in Helsinki, Finland. They were the Woodcock Lecturers in Portland, speaking on "Two Systems of Self-Regulation," as well as doing Grand Rounds at OSHU. They spoke in Boston on "Emotional Muscle for Therapists," and in Miami on "Sex, Drugs and Rock 'n Roll" and "Reclaiming the Land." They presented at the San Francisco meeting of the American Academy of Child and Adolescent Psychiatry. A talk on "Out-of-control children" was the subject of the Vulnerable Child Workshop at the Annual Winter Meetings of the American Psychoanalytic Association.

Kerry Novick spoke on a panel on "Immigrant Parents and Children" at APsaA in Chicago, and will be presenting this spring

in Philadelphia on "Revenge as a preserver of the self." She will also be a member of a child analytic panel at the Prague meeting of the International Psychoanalytical Association in July.

Jack and Kerry Novick published a chapter in Holtzman and Kulish's new book "The Clinical Problem of Masochism, and wrote a clinical commentary in a forthcoming book on "Battling the Life and Death Forces of Sadomasochism," edited by Basseches, Ellman and Goodman. They have a chapter in a casebook edited by Dr. Bernd Huppertz, which includes commentaries by American and international psychoanalysts (Robert Wallerstein, Ted Jacobs, David Scharff, Alexandra Harrison, Peter Kaufman among others).

Their paper on "Defenses" will appear in the 100th anniversary issue of the Psychoanalytic Review and an invited position paper on "Parent Work with Late Adolescent Patients" is forthcoming in the Psychoanalytic Study of the Child, where they also have written two clinical discussions. An upcoming issue of

Psychoanalytic Inquiry will include their paper on "Psychoanalysis and Child Rearing."

A forthcoming North American Clinics publication of the American Academy of Child and Adolescent Psychiatry on "Psychodynamic Psychotherapy" includes a chapter on "Concurrent Parent Work with Child and Adolescent Psychodynamic Psychotherapy Patients." A series of their papers will appear over the next five years in German in issues of the Yearbook of Child Analysis.

Both Jack and Kerry have been active in supervising around the country and in teaching - a seminar series on adolescence for the Contemporary Freudian Society, and a seminar sequence on building and maintaining a child analytic practice for a group from the Massachusetts Institute for Psychoanalysis.

Kerry Kelly Novick was elected to serve on the Executive Council as a Councilor-at-Large for the American Psychoanalytic Association. Jack Novick is running for election as a North American representative to the Board of the International Psychoanalytic Association.

THANK YOU FROM ELIZABETH A. WAISS, PSYD, PRESIDENT 2011-2013

We recently celebrated the 8th Retreat that MPC has had since the first one in 1992. Thanks go to the organizers: Marybeth Atwell, Sonya Freiband, Cynthia Hockett and Peter Wood. We would not have had a retreat without their dedication to this endeavor. Organizers of the content for the retreat were Ralph Hutchison, Karen Baker, Sonya Freiband, Peter Wood, Ivan Sherick and Murray Meisels.

On behalf of the Board, I wish to express deep appreciation to our outgoing officers. They are Murray Meisels, Past President. I wish to thank Murray personally for coming back to save MPC. I know I speak for the board and committee chairs when I say he will be missed. Also outgoing are Michele Rivette, Programs; Sonya Freiband, Certification; Marilyn Frey, Secretary; and Laura Pierce and David Freiband, Members-at-Large. Our incoming officers are David Klein, President; Sonya Freiband, President Elect; myself, Past President; Reena Liberman, Certification; Alice Michael, Secretary; and Cynthia Hockett and Robert Hooberman, Members-at-Large.

Returning to the board through re-election are Peter Wood, Education & Training; Michael Rudy, Treasurer; and Ralph Hutchison, Member-at-Large. Our other Members-at-Large are Marybeth Atwell, Rebecca Hatton and Edward Schmitt.

I want to recognize the untimely departure of Janet Robinson who had to give up the Membership Chair position due to illness. I wish to thank Janet Boyer for stepping up and taking on her responsibilities. Also stepping down is Brenda Lepisto as Chair of the Child Analyst Program. We wish to thank her for all of her efforts to get this program going and keeping it vitalized. A special thanks goes to Reena Liberman who is the power behind our MPC website; to Robert Hooberman who yearly manages the Visiting Professor event;

to Barbara Gamble for being editor of our Newsletter; to Marybeth Atwell who managed our elections and the retreat; and to Ralph Hutchison who had the passion to propose accreditation of our organization and lead that effort forward to where it is at this moment. I wish to recognize our administrative secretary, Jennifer Rahn. Jennifer has been battling illness for the past several years. MPC has had a few secretaries---they tend to stay for several years because they like us. They provide continuity and know our history. We owe them a great debt of gratitude. Finally, I wish to thank Diane Drayson and Bertram Karon who allow us to utilize their memberships for our scientific meetings at the City Club in Ann Arbor and the University Club in East Lansing.

I am deeply grateful to all of these individuals and others who serve on our committees who have not been mentioned in this list. They are willing to volunteer much time and effort to keep MPC moving forward. It is unusual for a completely volunteer organization to continue as long as we have -- 25 years. In that regard, special recognition goes to the members who "hang in there" with us, who are not candidates or analysts, but believe in the aims and goals of this organization. Without them, we would not have an organization. They continually renew their memberships and serve on committees (or not).

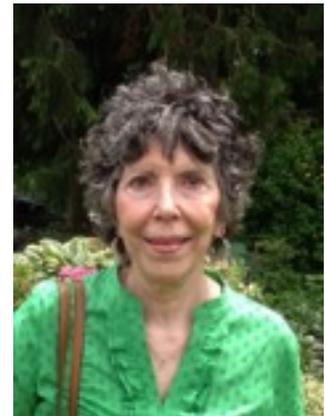
Over the course of my presidency, I have had the fortune of seeing MPC become stronger and revitalized, and to make the decision to go through the very difficult struggles to go on being. There were doubts within the organization, not to mention the challenges outside of MPC. How do we know that we are competent, deserving and good enough? Always, the answer to that is within ourselves and in our consulting rooms. I have

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MEMBER FEATURE: MARJORIE ADELSON, PH.D.

In a phone interview with Margery Adelson in June, I was quickly drawn to this warm, intelligent, and purposeful woman. I was glad for the opportunity to meet her and share a bit of who she is with you. Dr. Adelson earned her AB in Psychology from the University of Rochester in 1966. She earned her PhD in Clinical Psychology from the University of Michigan in 1971. Her dissertation was on the parallel processes of supervision and psychotherapy, and she has continued developing her ideas and writing about this, enjoying teaching and supervision as an ongoing part of her work. Dr. Adelson is a practicing psychoanalytic psychotherapist who totally loves what she does, taking on cases that have failed and rising to their challenge. Dr. Adelson taught and treated patients at the Psychology Clinic at the University of Michigan for 26 years and loved her work there. It was there that she met her late husband, Joseph Adelson, PhD, a well-known and well-regarded psychologist and professor who wrote a seminal book on adolescence. Dr. Adelson is a passionate art collector, an interest she shared with her late husband. The Adelsons' three grown children are successful in the fields of Sports Writing, Econometrics, and Law. Dr. Adelson's dog, Izzy, a rat terrier, is now 14 years old, geriatric and spirited. Dr. Adelson had planned to take on the role of Programs Director for MPC this year but has, unfortunately, needed to step down for health reasons.

Barbara L. Gamble, M.S.



FINANCIAL CONDITION

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areas of our greatest strengths and weakness as well as a breakdown of our expenses. After reviewing our financial condition, the Board passed two major initiatives to support MPC's financial health and prosperity. The first initiative directs the finance committee to plan a growth asset allocation for the assets in our Development Fund. The second initiative seeks to establish MPC as a charitable organization, to be

able to receive tax-deductible charitable gifts. There are a number of people who have expressed interest in making donations to our organization but have not done so because we have lacked the capacity to authorize tax deductions for their gifts.

At the June retreat, mandated by our bylaws, we came away with a new sense of purpose after our daylong deliberations. There was a realistic appreciation of the challenges in front of us, but also a growing will and spirit to

develop this organization for the next generation of analysts and psychotherapists, and to have a psychoanalytic institution well respected in the wider analytic community. When we focus our efforts and energy on this vision, we can be sure the financial security of our organization will be realized.

RELATIONAL PROGRAM

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In reflecting on her motivation to introduce this program to MPC, Maria said, "I wanted to start up this program because I missed teaching at the UM Psychological Clinic. It was such a pleasure teaching interns from psychology and social work, people who were just being introduced to psychodynamic work." Jane added, "We found our inspiration for this program from accumulated experiences hearing colleagues in the field, especially younger colleagues, describe their longings for stimulating educational alternatives – rich opportunities other than those that focus on the evidence-based, manualized therapies, opportunities that don't necessarily require candidacy in a psychoanalytic institute."

Davies, Hassinger and Slowiaczek believe that there is a great need in the practitioner community for education in relational approaches. Jane thinks that they may have special appeal for "agency-based practitioners, in that they emphasize a tendency toward reducing the distance between client and therapist through thoughtful use of self-disclosure, exploration of

the relational asymmetries, attending to the growth-producing potentials in the inevitable intersubjective enactments which occur in treatment. Because relational approaches seem to open up the frame a bit (e.g. through focusing on the dynamic interactions and repetitions among individual minds, familial and cultural histories, and the contemporary sociopolitical surrounds) they can offer possibilities for applications in communities--that is psychoanalytically-informed community based projects" -- of obvious appeal to social workers.

When asked what is the hallmark of the relational approach, Julia offered: "We can understand therapeutic action to result not only from interpretations of the patient's experience, but also from the multiplicity of personal meanings which emerge from the unique intersubjective engagement between patient and analyst."

People enrolled in this course will be able to bring their clinical material. The instructors hope to provide a safe milieu for students to be open and personal about their work as they are learning.

While the syllabus for the course is in its final stage of

development, the course's overall approach will be informed by recent works such as Aron and Starr's *A Psychotherapy for the People*, and Wachtel's *Relational Theory and the Practice of Psychotherapy*.

Davies, Hassinger and Slowiaczek believe they have found a congenial and intellectually flexible place in MPC for experimenting with teaching in the relational model. We hope that our program will draw interest to MPC from the wider professional community who might not otherwise be attracted to psychoanalytic training. absolutely no doubt about the relevance of psychoanalysis to my life and to my patients. It is the treatment that can go where no other treatment dares to go.

MPC is delighted to announce:

Synergistic Convergences: Combining Psychoanalytic, Cognitive-Behavioral, Systemic, and Experiential Perspectives in a Coherent Clinical and Theoretical Model

Paul Wachtel, Ph.d.

SATURDAY, NOVEMBER 9, 2013; 8:30 A.M. to 3:45 P.M.
SHERATON DETROIT NOVI HILTON; NOVI, MICHIGAN

Earlier versions of psychoanalytic thought and of cognitive-behavioral therapy were formulated in ways that presented serious obstacles to meaningful, coherent integration; newer versions provide opportunity for synergistic and logically consistent combinations. These new developments in each approach are often only sketchily understood by proponents of the "other" orientation, leading to continued caricaturing of each other and, even more important, to missed opportunities for more effective clinical work. The conference is aimed at practitioners of all orientations, and seeks to provide each with a better understanding of other approaches to clinical work and a better conceptual foundation for integrating cognitive-behavioral and psychodynamic approaches.

Paul L. Wachtel, Ph.D. is CUNY Distinguished Professor in the doctoral program in clinical psychology at City College and the CUNY Graduate Center. He is the author, among many books, of *Psychoanalysis, Behavior Therapy, and the Relational World* (1997); *Relational Theory and the Practice of Psychotherapy* (2008); and *Therapeutic Communication* (2011). He has been selected for the Hans H. Strupp Award for psychoanalytic writing, teaching, and research; the Distinguished Psychologist Award of Division 29 (Psychotherapy) of American Psychological Association (APA) and the Scholarship and Research Award, Division 39 (Psychoanalysis) of APA.

SOCIAL WORKERS: The Michigan Psychoanalytic Council is an approved provider with the Michigan Social Work Continuing Education Collaborative. CEUs will be awarded.

Continental breakfast and Flavors of the Mediterranean buffet lunch included.

For more details & to register, go to mpcpsa.org

THANK YOU

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absolutely no doubt about the relevance of psychoanalysis to my life and to my patients. It is the treatment that can go where no other treatment dares to go.

I can't think of a better closing than to quote from MPC's background and aims: "On December 3, 1988, an interdisciplinary group of psychoanalytic practitioners established the Michigan

Psychoanalytic Council to train and certify qualified individuals in psychoanalysis and psychoanalytic therapy." The background, aims and objectives that were written 25 years ago have held up pretty well, and they have guided us through transformative times and will again. Thank you for the opportunity to learn and to make mistakes, and for this time of giving back to MPC a little of what it has given me.

As MPC President, I am very pleased to announce that Diane Burgermeister has volunteered to become the new Editor of the *MPC Bulletin*. Diane is excited about this new opportunity and she is already percolating with new ideas and creative thinking about the *Bulletin*.

As the *Bulletin* now moves into its second era, I hope that all of you comprising the MPC membership support Diane as steadfastly as you have supported me during the past 8 years, during which I served as *Bulletin* Editor. -David Klein

INTRODUCING ALICE MICHAEL, PHD

I am happy to be joining the MPC Board as Secretary this fall, and welcome the chance to get to know the organization and its members better.

I was first in Ann Arbor in the 1990s when I trained in the clinical psychology program at the University of Michigan in the developmental psychopathology program. After graduation, I moved to Boston, MA, where I did post-doctoral work at Cambridge Hospital; sorted out my departure from academia; and eventually found my home in private practice doing dynamically-oriented psychotherapy. In 2010, I returned to Ann Arbor with my family and have set up a practice

where I see adolescents and adults. I have appreciated the opportunities to listen, grow, and meet colleagues that MPC has offered in this time of re-settling into my working life here.

Primarily, my training has been within a psychoanalytic tradition, and I really value the ways of listening and thinking that psychoanalysis offers us. I have also sought out experiences with other forms of therapy and schools of thought (CBT, DBT, sensorimotor psychotherapy) and I enjoy challenging myself to find the commonalities and stay open to new-to-me ways of helping clients make the changes they seek.

I serve as a Family Consultant at Allen Creek preschool, volunteer with hospice services, and I enjoy working in the garden, running, swimming, and playing soccer when I can. One of the lasting effects of my dissertation work is that I am a quick typist – and I am looking forward to making use of this skill in my new capacity at MPC.



Michigan Psychoanalytic Council
2013-14 Programs, 11am-1pm Sundays

Trauma and Mastery Through Music II: Beethoven, His Deafness, and His Piano Concertos
Evangeline Spindler, MD, Alvin Spindler, MD, Robert Weinstein, MD
9/15/13 Michigan League, Vandenberg Room

Open Dialogue: A Finnish Psychodynamic Family-Based Treatment for Schizophrenia
Rebecca Hatton, PsyD
10/20/13 University Club, East Lansing

MPC's Annual Full-Day Conference: See Newsletter, Page 14

You Can't Always Get What You Want But If You Try ... : The Allure of Masochism and Self-Destruction
Robert Hooberman, PhD
1/19/14 Michigan League, Vandenberg Room

Cognitive Fears and Psychoanalytic Phobias
Bertram Karon, PhD
2/16/14 University Club, East Lansing

The Electronically Mediated Couch
Reena Liberman, MS
3/16/14 Michigan Union, Pendleton Room

A Womb of Her Own: Women's Struggle for Reproductive Autonomy
Ellen L.K. Toronto, PhD, Jane Hassinger, LCSW, DCSW, and Marilyn Newman Metzel, PhD, ABPP
4/20/14 Providence Hospital, Southfield

"Who's On Third?": Playing in the Intersubjective Hemi-Space with a Neuro-disabled Adolescent
Carole Symer, PhD
5/18/14 University Club, East Lansing

Annual Banquet June 2014

This edition of the MPC Newsletter was edited by Barbara L. Gamble, MS,
with much appreciated assistance from Reena Liberman.